

## Individual Meet Results

**Pembroke & District 45th Annual Championships 06-Dec-19 to 07-Dec-19 [Ageup: 31/12/2019] SC Meters**

**Location: Pembroke Leisure Centre**

**Pembroke & District [PEMY] Coach: Keith Thompson Thompson**

Time	F/P/S	Event	Place	Points	Improv
<b>Elijah Adams (9) M</b>					
26.94S	F # 18B	Male 8-9 25 Breast	1	---	---
22.28S	F # 24B	Male 8-9 25 Free	2	---	---
<b>Lily Adams (11) F</b>					
58.95S	F # 19	Female 10-11 50 Breast	9	---	---
49.52S	F # 25	Female 10-11 50 Free	8	---	2.09
<b>Keira Bruce (9) F</b>					
3:37.98S	F # 1	Female 200 Free	13	---	3.29
35.05S	F # 3B	Female 8-9 25 Fly	4	---	---
1:56.56S DQ	F # 9B	Female 8-9 100 IM	---	---	---
22.99S	F # 11B	Female 8-9 25 Back	2	---	-3.97
28.57S	F # 17B	Female 8-9 25 Breast	3	---	-9.69
19.50S	F # 23B	Female 8-9 25 Free	3	---	-2.86
<b>Skye Bruce (10) F</b>					
3:14.59S	F # 1	Female 200 Free	9	---	-15.69
46.95S	F # 5	Female 10-11 50 Fly	4	---	---
1:47.47S	F # 9C	Female 10-11 100 IM	6	---	-4.65
46.87S	F # 13	Female 10-11 50 Back	5	---	-5.71
56.83S	F # 19	Female 10-11 50 Breast	7	---	-1.17
42.28S	F # 25	Female 10-11 50 Free	6	---	-2.43
<b>Florence Buckley (9) F</b>					
26.41S	F # 11B	Female 8-9 25 Back	4	---	---
30.13S	F # 17B	Female 8-9 25 Breast	4	---	---
23.69S	F # 23B	Female 8-9 25 Free	5	---	---
<b>Holly-Jane Callen (13) F</b>					
NS	F # 1	Female 200 Free	---	---	---
NS	F # 7A	Female 12-13 100 Fly	---	---	---
1:25.07S	F # 9D	Female 12-13 100 IM	1	---	1.37
1:33.79S	F # 15A	Female 12-13 100 Back	3	---	3.93
1:33.91S	F # 21A	Female 12-13 100 Breast	1	---	7.37
1:15.85S	F # 27A	Female 12-13 100 Free	3	---	2.82
<b>Leah Carroll (13) F</b>					
2:45.32S	F # 1	Female 200 Free	4	---	5.56
NS	F # 7A	Female 12-13 100 Fly	---	---	---
1:28.26S	F # 9D	Female 12-13 100 IM	3	---	-2.71
1:24.24S	F # 15A	Female 12-13 100 Back	1	---	2.40
NS	F # 21A	Female 12-13 100 Breast	---	---	---
1:15.84S	F # 27A	Female 12-13 100 Free	2	---	2.28
<b>Mati Davies (8) F</b>					
4:10.56S	F # 1	Female 200 Free	18	---	-15.84
36.26S	F # 3B	Female 8-9 25 Fly	5	---	---
2:11.55S DQ	F # 9B	Female 8-9 100 IM	---	---	---
22.82S DQ	F # 11B	Female 8-9 25 Back	---	---	---
28.28S	F # 17B	Female 8-9 25 Breast	2	---	---
20.58S	F # 23B	Female 8-9 25 Free	4	---	---

## Individual Meet Results

**Pembroke & District 45th Annual Championships 06-Dec-19 to 07-Dec-19 [Ageup: 31/12/2019] SC Meters**

**Location: Pembroke Leisure Centre**

**Pembroke & District [PEMY] Coach: Keith Thompson Thompson**

Time	F/P/S	Event	Place	Points	Improv
<b>Gary Dutton (27) M</b>					
2:32.03S	F # 2	Male 200 Free	3	---	5.23
1:36.97S	F # 22C	Male 16-50 100 Breast	2	---	7.59
1:08.95S	F # 28C	Male 16-50 100 Free	3	---	1.29
<b>Aria Evans (11) F</b>					
3:15.32S	F # 1	Female 200 Free	10	---	-13.66
59.97S DQ	F # 5	Female 10-11 50 Fly	---	---	---
1:47.18S	F # 9C	Female 10-11 100 IM	5	---	-25.51
46.82S	F # 13	Female 10-11 50 Back	4	---	-18.50
50.51S	F # 19	Female 10-11 50 Breast	3	---	-1.88
40.03S	F # 25	Female 10-11 50 Free	4	---	-14.82
<b>Ben Evans (13) M</b>					
3:49.34S	F # 2	Male 200 Free	14	---	---
2:27.13S	F # 8A	Male 12-13 100 Fly	3	---	---
1:56.81S DQ	F # 10D	Male 12-13 100 IM	---	---	---
1:50.65S DQ	F # 16A	Male 12-13 100 Back	---	---	---
2:12.44S	F # 22A	Male 12-13 100 Breast	2	---	5.59
1:44.06S	F # 28A	Male 12-13 100 Free	3	---	-29.68
<b>Iori Evans (9) M</b>					
4:08.87S	F # 2	Male 200 Free	17	---	---
25.34S	F # 4B	Male 8-9 25 Fly	1	---	---
2:06.47S	F # 10B	Male 8-9 100 IM	1	---	---
23.68S	F # 12B	Male 8-9 25 Back	1	---	---
27.41S	F # 18B	Male 8-9 25 Breast	2	---	---
18.83S	F # 24B	Male 8-9 25 Free	1	---	---
<b>Arron Fitzsimmons (15) M</b>					
NS	F # 2	Male 200 Free	---	---	---
NS	F # 8B	Male 14-15 100 Fly	---	---	---
1:20.57S	F # 10E	Male 14-15 100 IM	2	---	7.87
NS	F # 16B	Male 14-15 100 Back	---	---	---
NS	F # 22B	Male 14-15 100 Breast	---	---	---
1:15.43S	F # 28B	Male 14-15 100 Free	2	---	14.53
<b>Imogen Gray (10) F</b>					
NS	F # 19	Female 10-11 50 Breast	---	---	---
<b>Zoe Gray (8) F</b>					
NS	F # 1	Female 200 Free	---	---	---
NS	F # 3B	Female 8-9 25 Fly	---	---	---
NS	F # 9B	Female 8-9 100 IM	---	---	---
NS	F # 11B	Female 8-9 25 Back	---	---	---
NS	F # 17B	Female 8-9 25 Breast	---	---	---
NS	F # 23B	Female 8-9 25 Free	---	---	---
<b>Cerys Griffiths (9) F</b>					
3:27.62S	F # 1	Female 200 Free	12	---	-9.47
22.09S	F # 3B	Female 8-9 25 Fly	1	---	-5.96
1:52.44S	F # 9B	Female 8-9 100 IM	1	---	-11.00
23.02S	F # 11B	Female 8-9 25 Back	3	---	-2.25
27.65S	F # 17B	Female 8-9 25 Breast	1	---	-3.14
18.23S	F # 23B	Female 8-9 25 Free	1	---	-3.13

## Individual Meet Results

**Pembroke & District 45th Annual Championships 06-Dec-19 to 07-Dec-19 [Ageup: 31/12/2019] SC Meters**

**Location: Pembroke Leisure Centre**

**Pembroke & District [PEMY] Coach: Keith Thompson Thompson**

Time	F/P/S	Event	Place	Points	Improv
<b>James Harris (11) M</b>					
56.57S	F # 20	Male 10-11 50 Breast	2	---	-6.64
40.13S	F # 26	Male 10-11 50 Free	4	---	-4.68
<b>Toby Harris (10) M</b>					
3:38.01S	F # 2	Male 200 Free	12	---	-25.26
2:02.65S	F # 10C	Male 10-11 100 IM	5	---	---
59.25S	F # 20	Male 10-11 50 Breast	4	---	---
43.06S	F # 26	Male 10-11 50 Free	5	---	-8.66
<b>Ben Hechter (14) M</b>					
NS	F # 22B	Male 14-15 100 Breast	---	---	---
NS	F # 28B	Male 14-15 100 Free	---	---	---
<b>Georgia Hechter (12) F</b>					
1:37.37S	F # 15A	Female 12-13 100 Back	5	---	---
1:29.43S	F # 27A	Female 12-13 100 Free	5	---	---
<b>Abigail Hillary (11) F</b>					
43.54S	F # 5	Female 10-11 50 Fly	1	---	-5.10
1:33.01S	F # 9C	Female 10-11 100 IM	1	---	1.00
41.90S	F # 13	Female 10-11 50 Back	1	---	-1.58
46.37S	F # 19	Female 10-11 50 Breast	1	---	-1.62
33.69S	F # 25	Female 10-11 50 Free	1	---	-1.02
<b>Benjamin Hillary (13) M</b>					
2:29.59S	F # 2	Male 200 Free	2	---	8.62
1:18.06S	F # 8A	Male 12-13 100 Fly	1	---	1.97
1:20.15S	F # 10D	Male 12-13 100 IM	1	---	6.64
1:10.47S	F # 16A	Male 12-13 100 Back	1	---	-2.50
1:04.37S	F # 28A	Male 12-13 100 Free	1	---	2.48
<b>Amelie Hounsell (10) F</b>					
3:04.91S	F # 1	Female 200 Free	5	---	-1.85
46.38S	F # 5	Female 10-11 50 Fly	2	---	2.39
1:41.33S	F # 9C	Female 10-11 100 IM	4	---	1.51
42.19S	F # 13	Female 10-11 50 Back	2	---	-2.08
56.44S	F # 19	Female 10-11 50 Breast	6	---	---
37.31S	F # 25	Female 10-11 50 Free	2	---	-0.78
<b>Ella Howell (8) F</b>					
NS	F # 3B	Female 8-9 25 Fly	---	---	---
34.35S	F # 11B	Female 8-9 25 Back	6	---	---
50.09S DQ	F # 17B	Female 8-9 25 Breast	---	---	---
25.84S	F # 23B	Female 8-9 25 Free	---	---	---
<b>Gracie-Rose Howlin (11) F</b>					
1:17.21S	F # 13	Female 10-11 50 Back	10	---	---
1:00.23S	F # 25	Female 10-11 50 Free	13	---	---
<b>Annabel John (10) F</b>					
1:06.72S	F # 19	Female 10-11 50 Breast	10	---	-4.74
51.14S	F # 25	Female 10-11 50 Free	11	---	3.78

## Individual Meet Results

**Pembroke & District 45th Annual Championships 06-Dec-19 to 07-Dec-19 [Ageup: 31/12/2019] SC Meters**

**Location: Pembroke Leisure Centre**

**Pembroke & District [PEMY] Coach: Keith Thompson Thompson**

Time	F/P/S	Event	Place	Points	Improv
<b>Chloe John (10) F</b>					
2:26.97S	DQ	F # 9C Female 10-11 100 IM	---	---	---
58.33S	F # 13	Female 10-11 50 Back	7	---	---
1:07.78S	F # 19	Female 10-11 50 Breast	11	---	---
55.44S	F # 25	Female 10-11 50 Free	12	---	---
<b>Rebekah John (8) F</b>					
NS	F # 1	Female 200 Free	---	---	---
NS	F # 3B	Female 8-9 25 Fly	---	---	---
NS	F # 9B	Female 8-9 100 IM	---	---	---
32.21S	F # 11B	Female 8-9 25 Back	5	---	---
38.13S	F # 17B	Female 8-9 25 Breast	6	---	---
26.47S	F # 23B	Female 8-9 25 Free	6	---	---
<b>Cai Johnson (12) M</b>					
3:53.22S	F # 2	Male 200 Free	15	---	-5.11
2:25.84S	DQ	F # 8A Male 12-13 100 Fly	---	---	---
2:01.34S	F # 10D	Male 12-13 100 IM	5	---	4.51
1:52.29S	F # 16A	Male 12-13 100 Back	3	---	-14.19
2:14.58S	F # 22A	Male 12-13 100 Breast	3	---	-7.31
1:50.33S	F # 28A	Male 12-13 100 Free	4	---	-2.05
<b>Cai Jones (13) M</b>					
3:39.85S	F # 2	Male 200 Free	13	---	-21.42
1:48.29S	F # 10D	Male 12-13 100 IM	4	---	---
NS	F # 22A	Male 12-13 100 Breast	---	---	---
NS	F # 28A	Male 12-13 100 Free	---	---	---
<b>Molly Jones (14) F</b>					
NS	F # 1	Female 200 Free	---	---	---
NS	F # 21B	Female 14-15 100 Breast	---	---	---
NS	F # 27B	Female 14-15 100 Free	---	---	---
<b>Aneurin Lee (12) M</b>					
3:01.71S	F # 2	Male 200 Free	8	---	-25.10
NS	F # 8A	Male 12-13 100 Fly	---	---	---
1:35.66S	F # 10D	Male 12-13 100 IM	3	---	-3.43
<b>Dylan Lee (10) M</b>					
3:32.28S	F # 2	Male 200 Free	11	---	-2.22
51.14S	F # 6	Male 10-11 50 Fly	4	---	2.87
1:52.16S	F # 10C	Male 10-11 100 IM	4	---	-5.95
<b>Georgia Lee (15) F</b>					
2:31.99S	F # 1	Female 200 Free	1	---	-4.14
1:28.98S	F # 7B	Female 14-15 100 Fly	1	---	-9.10
1:19.62S	F # 9E	Female 14-15 100 IM	1	---	-0.22
1:21.20S	F # 15B	Female 14-15 100 Back	1	---	0.44
1:30.28S	F # 21B	Female 14-15 100 Breast	1	---	1.74
1:10.52S	F # 27B	Female 14-15 100 Free	1	---	1.37
<b>Martha Lee (11) F</b>					
4:08.89S	F # 1	Female 200 Free	17	---	-21.42
2:17.80S	DQ	F # 9C Female 10-11 100 IM	---	---	---

## Individual Meet Results

**Pembroke & District 45th Annual Championships 06-Dec-19 to 07-Dec-19 [Ageup: 31/12/2019] SC Meters**

**Location: Pembroke Leisure Centre**

**Pembroke & District [PEMY] Coach: Keith Thompson Thompson**

Time	F/P/S	Event	Place	Points	Improv
<b>Fleur Lord (12) F</b>					
3:19.19S	F # 1	Female 200 Free	11	---	1.82
2:06.15S	F # 7A	Female 12-13 100 Fly	5	---	---
1:54.90S DQ	F # 9D	Female 12-13 100 IM	---	---	---
1:42.21S	F # 15A	Female 12-13 100 Back	6	---	-1.84
2:12.52S DQ	F # 21A	Female 12-13 100 Breast	---	---	---
1:35.11S	F # 27A	Female 12-13 100 Free	6	---	1.21
<b>Indya Lyseight-Jones (7) F</b>					
3:51.35S	F # 1	Female 200 Free	15	---	-31.48
24.91S	F # 3A	Female 7 & Under 25 Fly	1	---	---
2:05.09S DQ	F # 9A	Female 7 & Under 100 IM	---	---	---
25.28S	F # 11A	Female 7 & Under 25 Back	1	---	---
33.41S	F # 17A	Female 7 & Under 25 Breast	1	---	---
20.81S	F # 23A	Female 7 & Under 25 Free	1	---	---
<b>Malachi Lyseight-Jones (11) M</b>					
3:10.88S	F # 2	Male 200 Free	10	---	-0.66
49.04S	F # 6	Male 10-11 50 Fly	3	---	2.07
1:43.38S	F # 10C	Male 10-11 100 IM	2	---	-10.96
45.91S	F # 14	Male 10-11 50 Back	2	---	-7.33
57.78S	F # 20	Male 10-11 50 Breast	3	---	3.56
39.09S	F # 26	Male 10-11 50 Free	2	---	1.67
<b>Keira Montague (10) F</b>					
3:54.98S	F # 1	Female 200 Free	16	---	-1.50
1:01.79S	F # 5	Female 10-11 50 Fly	5	---	7.46
1:57.21S	F # 9C	Female 10-11 100 IM	8	---	-16.49
50.92S	F # 13	Female 10-11 50 Back	6	---	-2.03
57.87S	F # 19	Female 10-11 50 Breast	8	---	0.57
50.47S	F # 25	Female 10-11 50 Free	9	---	5.82
<b>Mason Montague (11) M</b>					
2:59.09S	F # 2	Male 200 Free	7	---	-3.08
42.33S	F # 6	Male 10-11 50 Fly	1	---	2.03
1:30.66S	F # 10C	Male 10-11 100 IM	1	---	-25.21
38.92S	F # 14	Male 10-11 50 Back	1	---	-1.84
43.92S	F # 20	Male 10-11 50 Breast	1	---	-1.06
34.04S	F # 26	Male 10-11 50 Free	1	---	-2.21
<b>Ben Morgan (10) M</b>					
3:02.57S	F # 2	Male 200 Free	9	---	-1.36
44.96S	F # 6	Male 10-11 50 Fly	2	---	-1.00
1:45.96S	F # 10C	Male 10-11 100 IM	3	---	0.70
49.81S	F # 14	Male 10-11 50 Back	3	---	1.02
59.64S	F # 20	Male 10-11 50 Breast	5	---	-2.10
39.10S	F # 26	Male 10-11 50 Free	3	---	-0.87

## Individual Meet Results

**Pembroke & District 45th Annual Championships 06-Dec-19 to 07-Dec-19 [Ageup: 31/12/2019] SC Meters**

**Location: Pembroke Leisure Centre**

**Pembroke & District [PEMY] Coach: Keith Thompson Thompson**

Time	F/P/S	Event	Place	Points	Improv
<b>Jack Morgan (12) M</b>					
2:42.21S	F # 2	Male 200 Free	5	---	5.75
1:34.01S	F # 8A	Male 12-13 100 Fly	2	---	3.10
1:34.31S	F # 10D	Male 12-13 100 IM	2	---	-6.69
1:29.02S	F # 16A	Male 12-13 100 Back	2	---	-3.68
1:48.66S	F # 22A	Male 12-13 100 Breast	1	---	-11.85
1:16.92S	F # 28A	Male 12-13 100 Free	2	---	3.91
<b>Emily Moseley (9) F</b>					
4:36.44S	F # 1	Female 200 Free	19	---	-46.97
34.31S	F # 3B	Female 8-9 25 Fly	3	---	-10.16
2:33.00S	F # 9B	Female 8-9 100 IM	3	---	-2.58
NS	F # 11B	Female 8-9 25 Back	---	---	---
NS	F # 17B	Female 8-9 25 Breast	---	---	---
NS	F # 23B	Female 8-9 25 Free	---	---	---
<b>Sophie Moseley (13) F</b>					
3:08.26S	F # 1	Female 200 Free	6	---	5.21
1:55.65S	F # 7A	Female 12-13 100 Fly	4	---	5.60
1:40.41S	F # 9D	Female 12-13 100 IM	4	---	2.64
NS	F # 15A	Female 12-13 100 Back	---	---	---
NS	F # 21A	Female 12-13 100 Breast	---	---	---
NS	F # 27A	Female 12-13 100 Free	---	---	---
<b>Ffion Moses (14) F</b>					
NS	F # 1	Female 200 Free	---	---	---
NS	F # 7B	Female 14-15 100 Fly	---	---	---
NS	F # 9E	Female 14-15 100 IM	---	---	---
NS	F # 15B	Female 14-15 100 Back	---	---	---
NS	F # 27B	Female 14-15 100 Free	---	---	---
<b>Alice Oliver (11) F</b>					
3:08.77S	F # 1	Female 200 Free	7	---	-27.80
1:35.60S	F # 9C	Female 10-11 100 IM	2	---	-17.13
45.23S	F # 13	Female 10-11 50 Back	3	---	-15.54
49.34S	F # 19	Female 10-11 50 Breast	2	---	-6.41
37.72S	F # 25	Female 10-11 50 Free	3	---	0.95
<b>Rosie Oliver (10) F</b>					
3:49.10S	F # 1	Female 200 Free	14	---	-23.73
1:52.91S	F # 9C	Female 10-11 100 IM	7	---	-16.72
NS	F # 13	Female 10-11 50 Back	---	---	---
NS	F # 19	Female 10-11 50 Breast	---	---	---
NS	F # 25	Female 10-11 50 Free	---	---	---
<b>Julia Ostrowski (10) F</b>					
54.32S	F # 19	Female 10-11 50 Breast	5	---	---
47.19S	F # 25	Female 10-11 50 Free	7	---	---
<b>Nia Price (11) F</b>					
1:01.00S	F # 13	Female 10-11 50 Back	9	---	---
50.91S	F # 25	Female 10-11 50 Free	10	---	---

## Individual Meet Results

**Pembroke & District 45th Annual Championships 06-Dec-19 to 07-Dec-19 [Ageup: 31/12/2019] SC Meters**

**Location: Pembroke Leisure Centre**

**Pembroke & District [PEMY] Coach: Keith Thompson Thompson**

Time	F/P/S	Event	Place	Points	Improv
<b>William Pugh (10) M</b>					
4:11.06S	F # 2	Male 200 Free	18	---	-11.03
1:06.24S	F # 6	Male 10-11 50 Fly	5	---	---
2:09.35S DQ	F # 10C	Male 10-11 100 IM	---	---	---
<b>Charlie Shiels (15) M</b>					
1:05.84S	F # 8B	Male 14-15 100 Fly	1	---	0.93
1:06.00S	F # 10E	Male 14-15 100 IM	1	---	1.65
1:12.44S	F # 22B	Male 14-15 100 Breast	1	---	1.06
1:00.43S	F # 28B	Male 14-15 100 Free	1	---	2.43
<b>Toby Sturley (15) M</b>					
NS	F # 2	Male 200 Free	---	---	---
NS	F # 8B	Male 14-15 100 Fly	---	---	---
NS	F # 10E	Male 14-15 100 IM	---	---	---
NS	F # 16B	Male 14-15 100 Back	---	---	---
NS	F # 22B	Male 14-15 100 Breast	---	---	---
NS	F # 28B	Male 14-15 100 Free	---	---	---
<b>Lissie-Ann Tatesall (12) F</b>					
4:42.37S DQ	F # 1	Female 200 Free	---	---	---
2:51.08S DQ	F # 7A	Female 12-13 100 Fly	---	---	---
2:33.50S DQ	F # 9D	Female 12-13 100 IM	---	---	---
2:27.04S	F # 15A	Female 12-13 100 Back	7	---	---
2:38.62S DQ	F # 21A	Female 12-13 100 Breast	---	---	---
2:07.34S	F # 27A	Female 12-13 100 Free	7	---	---
<b>Abigail Thomas (13) F</b>					
2:39.86S	F # 1	Female 200 Free	2	---	-3.21
1:27.50S	F # 7A	Female 12-13 100 Fly	1	---	-1.75
1:27.03S	F # 9D	Female 12-13 100 IM	2	---	-3.10
1:29.34S	F # 15A	Female 12-13 100 Back	2	---	-3.18
NS	F # 21A	Female 12-13 100 Breast	---	---	---
1:12.09S	F # 27A	Female 12-13 100 Free	1	---	-0.98
<b>Daniel Thomas (22) M</b>					
1:00.00S	F # 8C	Male 16-50 100 Fly	1	---	0.13
1:06.93S	F # 10F	Male 16-50 100 IM	2	---	1.64
1:06.28S	F # 16C	Male 16-50 100 Back	2	---	3.05
59.28S	F # 28C	Male 16-50 100 Free	2	---	1.55
<b>Carys Thompson (12) F</b>					
3:11.23S	F # 1	Female 200 Free	8	---	1.07
1:55.37S	F # 7A	Female 12-13 100 Fly	3	---	-1.58
1:44.70S	F # 9D	Female 12-13 100 IM	5	---	7.41
1:34.88S	F # 15A	Female 12-13 100 Back	4	---	-5.52
1:52.73S	F # 21A	Female 12-13 100 Breast	2	---	5.55
1:27.88S	F # 27A	Female 12-13 100 Free	4	---	0.09
<b>Freya Thompson (9) F</b>					
22.19S	F # 3B	Female 8-9 25 Fly	2	---	-5.87
1:53.40S	F # 9B	Female 8-9 100 IM	2	---	-3.91
22.07S	F # 11B	Female 8-9 25 Back	1	---	-3.04
31.38S	F # 17B	Female 8-9 25 Breast	5	---	-8.00
19.43S	F # 23B	Female 8-9 25 Free	2	---	-3.82

## Individual Meet Results

**Pembroke & District 45th Annual Championships 06-Dec-19 to 07-Dec-19 [Ageup: 31/12/2019] SC Meters**

**Location: Pembroke Leisure Centre**

**Pembroke & District [PEMY] Coach: Keith Thompson Thompson**

Time	F/P/S	Event	Place	Points	Improv
<b>James Townsend (13) M</b>					
NS	F # 2	Male 200 Free	---	---	---
NS	F # 16A	Male 12-13 100 Back	---	---	---
NS	F # 22A	Male 12-13 100 Breast	---	---	---
NS	F # 28A	Male 12-13 100 Free	---	---	---
<b>Arno Turner (18) M</b>					
2:12.13S	F # 2	Male 200 Free	1	---	---
1:01.68S	F # 8C	Male 16-50 100 Fly	2	---	-1.53
1:05.35S	F # 10F	Male 16-50 100 IM	1	---	0.96
1:05.33S	F # 16C	Male 16-50 100 Back	1	---	0.30
57.44S	F # 28C	Male 16-50 100 Free	1	---	0.59
<b>Daniel Twynam (16) M</b>					
2:40.90S	F # 2	Male 200 Free	4	---	1.99
1:34.00S	F # 8C	Male 16-50 100 Fly	3	---	3.28
1:26.56S	F # 10F	Male 16-50 100 IM	3	---	-6.91
1:23.94S	F # 16C	Male 16-50 100 Back	3	---	-3.27
1:36.22S	F # 22C	Male 16-50 100 Breast	1	---	-3.61
1:16.50S	F # 28C	Male 16-50 100 Free	4	---	3.13
<b>Leon Twynam (14) M</b>					
2:43.96S	F # 2	Male 200 Free	6	---	-10.96
1:35.09S	F # 8B	Male 14-15 100 Fly	2	---	4.23
1:31.88S	F # 10E	Male 14-15 100 IM	3	---	0.52
1:35.91S	F # 16B	Male 14-15 100 Back	1	---	-2.00
1:43.14S	F # 22B	Male 14-15 100 Breast	2	---	-12.84
1:18.65S	F # 28B	Male 14-15 100 Free	3	---	-4.21
<b>Philip Twynam (9) M</b>					
4:06.80S	F # 2	Male 200 Free	16	---	---
23.65S DQ	F # 4B	Male 8-9 25 Fly	---	---	---
2:13.72S DQ	F # 10B	Male 8-9 100 IM	---	---	---
24.21S	F # 12B	Male 8-9 25 Back	2	---	---
31.17S	F # 18B	Male 8-9 25 Breast	3	---	---
22.45S	F # 24B	Male 8-9 25 Free	3	---	---
<b>Stephanie Voyle (11) F</b>					
4:57.98S	F # 1	Female 200 Free	20	---	---
1:26.36S DQ	F # 5	Female 10-11 50 Fly	---	---	---
2:31.29S DQ	F # 9C	Female 10-11 100 IM	---	---	---
58.96S	F # 13	Female 10-11 50 Back	8	---	-4.70
1:10.69S	F # 19	Female 10-11 50 Breast	12	---	3.21
1:00.91S	F # 25	Female 10-11 50 Free	14	---	4.43
<b>Mylia Webb (11) F</b>					
46.82S	F # 5	Female 10-11 50 Fly	3	---	-8.00
1:39.78S	F # 9C	Female 10-11 100 IM	3	---	-16.16
43.69S DQ	F # 13	Female 10-11 50 Back	---	---	---
50.78S	F # 19	Female 10-11 50 Breast	4	---	-0.56
41.40S	F # 25	Female 10-11 50 Free	5	---	-4.94



---

**Individual Meet Results****Pembroke & District 45th Annual Championships 06-Dec-19 to 07-Dec-19 [Ageup: 31/12/2019] SC Meters****Location: Pembroke Leisure Centre****Pembroke & District [PEMY] Coach: Keith Thompson Thompson**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Saskia Webb (12) F</b>					
2:43.37S	F # 1	Female 200 Free	3	---	-5.69
1:36.25S	F # 7A	Female 12-13 100 Fly	2	---	-11.33
NS	F # 15A	Female 12-13 100 Back	---	---	---
NS	F # 27A	Female 12-13 100 Free	---	---	---