



Minutes of Pembroke and District ASC

AGM 29/1/19

Present

Sharon Thomas , Alanna Sturley , Phill Thomas, Francesca Morgan , Sharon Clarke ,Michelle Thompson ,Lisa Callen ,Kath lee , Bob Adams , Suz Moses, Coral Howlin ,Jade Montague ,Julia Kinsey ,Keith Thompson , Mary Thompson ,D Williams ,Jill Williams ,Tracey John, Sarah Bruce ,Kath Hechter , Helen Hilary , Jen Cox and Caroline Lee .

Apologies

Maxine ,Nicola Cole , Gayle Lister , Fay Onmet ,Laura lewis ,Sarah Greenwood, Julian Orchard ,Ian Sturley ,David Thompson , Alix Keane and Jo Oliver

Opening address

Chairman Phill Thomas opened the meeting by thanking everyone for their attendance and stressed the importance of a strong committee. Phill then introduced the top table of officers to the new parents and members.

Approval of last year's minutes

Phill confirmed the minutes to be a true and accurate account of the AGM.

Kath seconded Phill.

Phill also informed the meeting that all our AGM minutes and yearly accounts are sent to swim wales in accordance to their regulations for development clubs.

Chairman's report from Phill Thomas

Good evening fellow members and welcome to this year's AGM. The committee are always pleased to see new and old faces to hear the clubs annual reports and acceptance of this year's new committee members and officers of post.

If I may start my report with the sad news of the passing away of one of our clubs founding members and President. Mrs Trina Bowen sadly passed away peacefully on the 20th November after battling illness for some time. Wife to Don and mum to Oli, Russell and Tim she will be dearly missed by all us.

The club has continued to flourish over the last twelve months and the committee have been busy in the background working hard to ensure the smooth running of our club.

Our membership at this time sits around one hundred swimmers. Several of our long term swimmers have moved on to pastures new and replaced by a steady feed of little ones from the learn to swim programme. The reshuffle of squads and training hours by our head coach has now enabled a much better balance for all swimmers to develop in the competitive world of swimming. The age profile and abilities of the swimmers is the healthiest I have seen for some time and I look forward to the continued progress we can achieve this year with these swimmers.

We continue to hold our own identity within Welsh swimming which I feel is hugely important and we continue to work closely in our partnership with Pembrokeshire County and our Governing body Swim Wales.

The last twelve months have been all about getting the most out of our swimmers within the pool time and resources available and this will continue to be the case, however this can only be achieved if we continue to improve the numbers of volunteers coming in to the club and make the right investment and development opportunities available to these individuals, and this will be a high priority for the chairman and committee over the coming year. In particular we need this season to increase our numbers of time keepers and officials in order for us to continue to grow our local and club competitions, without these we simply will not be able to offer our swimmers the opportunity to compete.

This year sees some long term members of the committee standing down from their roles and I should like to thank them for their dedication to Pembroke club and the support they have given me as chairman over many years.

Mrs Tracey John became an active member with us when her daughter was about nine years of age; Cerys is currently studying in University! For many years Tracey has been the contact on the club desk overseeing meet entries, selling kit and generally being there sharing information with current and new members of the club, and I thank Tracey for tireless commitment and Friendship over the years

Also standing down this year as Club Secretary after a stint of 4 years in the post is Alanna Sturley. Alanna and family joined the club several years ago from Milford, with Toby and Maggie in the pool and Ian as much respected official on poolside Alanna took up the vacancy as secretary. Alanna has been an amazing secretary not only covering this role with 100% commitment but also helping this club win many funding schemes, the most recent being the Tesco funding the community project. We are in the process of ordering Team Tops for all, and this is largely down to Alanna's efforts On behalf of our membership I thank you Alanna for what you have helped Pembroke achieve over the years and I personally will always be indebted to you.

I should like to thank this year's committee for its huge efforts in fundraising and event planning, kit sales, membership, club administration, safeguard and welfare of its membership and Finances.

I should also like to thank Keith and the coaching team who have again this year worked very hard to improve the swimmers and keep the development of swimmers moving forward

On behalf of the committee I ask you all to consider what you can do for the club no matter how small the task, so please come forward and contribute to the continuing success that Pembroke seeks again this year, it is our young swimmers who directly benefit

Lastly may I thank you the parents for your support over the last year and continued support through 2019

Head coaches report from Keith Thompson

I am glad to report the squads are in a healthy position with gold, silver, and bronze at almost maximum numbers. The water dragons section has been expanding in numbers all of last year 2018 and this trend has been seen during the first few weeks of 2019.

Sadly a couple of our top end swimmers have left or decided to stop swimming and move on to other things , We wish them well and thank them for their time with us .

However as swimmers move on other swimmers join as is the nature of most clubs.

Happily a few swimmers have joined or returned in the last couple of months to keep our top end numbers up.

During 2018 we have experimented with promoting swimmers to link position with higher squads. This enables the swimmers to gain more valuable pool time with faster swimmers prior to a full time achievement .This experiment seems to work well and we will keep this idea so more young promising swimmers can expect more hours with faster swimmers

We have restarted the dive awards. It is the clubs responsibility to keep all swimmers safe at all times and a dive start from the blocks is one possible hazard area we must monitor closely.

Older swimmers from bronze squad upwards have demonstrated over the time that they are safe to dive. The current dive start awards are being undertaken by all water dragons. Some have already been issued with their certificate to state they have demonstrated they are safe to do a competitive dive from a diving block. This award system will continue until all water dragons have this certificate and will then continue with new starters.

The club as a whole always needs people to help .The pool area is no exception. We have a very good squad of coaches who give up many hours unpaid to coach our squads. To maintain up to 10 hours pool time for some squads over 5 days we must keep up with a healthy number of coaches. If parents just continue to bury their heads in the sand and just come up with excuses of why they cannot help, sessions will be closed and will not be given back to us. This will be the start of the end for our club. Far too many parents just drop off young swimmers and do not come into the centre. This is an area we need to improve. If we improve in this area we have a chance of more parents willing to give just a few hours of their time.

Treasures' report

Pembroke and District Swimming Club End of Year Accounts 2018.

The printouts you have in front of you are showing the accounts for December and 2018 as a whole. The end of year accounts also have the figures for 2017 and 2016 for you to compare the accounts over the previous years.

I can confirm Gill Orchard has very kindly agreed to check the books and that all of the accounts and paperwork are with her now.

As you can see the bank balance is looking very healthy at the moment and that doesn't include the £3k that we received from Tesco.

Our largest income came from gala entries which was £4831.50, as you can see this is down from previous years but still healthy. Gala entries was also our largest expenditure to the tune of £4164. WASA was our second largest income and expenditure being £2776.50 and £3865 respectfully.

We received a grant from Swim Wales for £1500 to use for training coaches; so far we have spent £420 so we still have £1080 to spend. I am not sure if we have a time limit to spend this....Alanna?

We have had good fundraising this year including, bingo, quizzes, cake and fruit stalls and have raised £1336.55 and all those involved should be commended for their hard work and enthusiasm. We also has a group marshal the long course swim and that earned the club £200, we shall marshal again this year so if you like to join us then please let me know and I can give you a form to fill in.

Like I said we are looking very healthy at the moment and we don't have any major expenditure due out of the account and also we have £3k now in the bank with hopefully another £1 to come, we have spent some money this year on equipment such as a portable speaker (£124.97) and a whiteboard (£60.59) for poolside

And repairs to the lane ropes (£36). We also spent £201.53 replacing worn out trophies and new medals for our galas.

I am looking forward to spending lots of money in the next couple of months on tops and training aids for our swimmers.....it's always more fun when its somebody else's money.

Other than that, if you have any questions I will do my best to answer them.

Phill added to kaths report by informing the meeting that he had sourced royal blue jackets that will fit all sizes from our little tiddlers to our extra-large men.

He continued by stating that St Brides bay have been fantastic in helping to provide samples for sizing and trying on .

Phill finished off by stating all squads, coaches, volunteers and Officials will receive a new jacket.

Nominations of officers and committee for 2019

Election of officers	Nomination	Proposed	Seconded
President	Bob Adams	Phill Thomas	Alanna Sturley
Vice President	Dorothy Morgan	Phill Thomas	Alanna Sturley
Chairman	Phill Thomas	Tracey John	Alanna Sturley
Vice Chair	Keith Thompson	Tracey John	Michelle Thompson
Treasurer	Kath Lee	Phill Thomas	Alanna Sturley
Secretary	Alanna Sturley	Kath lee	Coral Howlin
Competition secretary	Kirsty Thomas	Alanna Sturley	Tracey John
Head coach	Keith Thompson	Alanna Sturley	Tracey John
Child welfare officer	Sharon Thomas	Alanna Sturley	Tracey John
Membership secretary	Coral Howlin	Tracey John	Michelle Thompson
General committee member	Lisa Callen	Alanna Sturley	Tracey John
	Michelle Thompson	Alanna Sturley	Tracey John
	Tracey John	Michelle Thompson	Lisa Callen
	Francesca Morgan	Alanna Sturley	Tracey John
	Julia Webb	Michelle Thompson	Tracey John
	Jade Montague	Phill Thomas	Alanna Sturley
	Jill Mosley	Phill Thomas	Alanna Sturley

	Sharon Clarke	Phill Thomas	Alanna Sturley
	Jen cox	Phill Thomas	Alanna Sturley
	Suz Moses	Phill Thomas	Alanna Sturley
	Kath Hechter	Phill Thomas	Alanna Sturley
	Sarah Bruce	Phill Thomas	Alanna Sturley

Meeting closed at 8.20 pm