

Pembroke & District ASC Monthly Trophies

Month/Yr	Water Dragons	Junior School	Senior School	PB of month	
2009				<i>non development squad only</i>	
December	n/a	?	n/a	Nyle Lewis	
2010					
January	n/a	Kate Sloan	n/a	Abbie Williams 2min40m	
February	n/a	Rowan Kettle	n/a	Oliver Crawford 66.04sec	
April	William Lloyd	David Radmore	Johnathan Orchard	Rowan Kettle100IM 17.42sec	
September	Nia Williams	Elli Williams	Daniel Picton	Oliver Crawford	
October	Kyle Jennings	William Jefferies	Ryan Beckerleg	Lucy Omnet	
December	Luc Lewis	Rosie Llewellyn	David Williams	Abby Smith 200FC age groups	
2011					
February	James Purser	Kyle Cook	Allison Sharrat	Megan Rogers	
March	Lucy Rogers		Nyle Lewis	Ryan Beckerleg	
April	Charlie Shiels	Yori Humpreys	Chelsey Woodward	Jake Fransham	
June	Alice Sloan	Colm Tobin	Emily Sloan	Rowan Kettle400IM 57.88sec	
July	Bethan Palmer	Kayley Gibbins	Sion Bevan	Ellie Williams 13.64 100IM	
September	James Purser	Victoria Crawford	Lucy Omnet	Ryan Beckerleg 23.69 100bk	
October	Cassia Cook	Ella Townsend	Katherine Peatey	Abbie Williams 114sec	
November	Shelley Jones	Lauren Omnet	Ryan Beckerleg	Dan Picton	
December	Jake Edwards	Martha Wilson	David Radmore	Sara Bevan 38sec 200 Bk	
2012					
February	Jessica Jones	Ben Omnet	Naomi Picton Thomas	Megan Rogers 200 IM	
March	Chloe Edwards	Megan Rogers	Mia Webber	Lucy Omnet 400IM 37.70	
April	Pheobe Griffiths			Ellie Rogers 24.28 400IM	
May	Jessica Morris	Sophie Davies	Curtis Palmer	Not returned on time	
June	Chloe Morris	Cerys John	L Webber/K Sloan	Colm Tobin 25.75 200im	
September	Lucy Rogers	Eve Humphreys	Ellie Parks	Megan Rogers 28.65 800FC	
November	Ben Lewis	James Purser	Holly Jones	Cerys John 63.015 400IM	
2013					
January	Tayla Wilson	Luke Lewis	Colm Tobin	Rosie Llewellyn	
March	Caera Lewis	Rosie Llewellyn	Abbie Williams	Ryan Beckerleg Sub min FC	
April/May	Sam Elliot	Ben Lewis	Rowan Kettle	Colm Tobin/Lauren Omnet	

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Month/Yr	Water Dragons	Junior School	Senior School	PB of month	Competition	Swimmer of the month
				<i>non development squad only</i>		
June	Megan Cole	Abbey Williams	Adam Jones	Colm Tobin 19.95 400IM	Georgia Shiels	
September	Morgan Williams	Chloe Morris	Emily Sloan	Abbey Williams 56.84 800fc	Abbie Williams	
October	Carys Llewellyn	Alice Sloan	Rebecca Maccallum	Rosie Llewellyn	Charlie Shiels &	
					Colm Tobin	
November	Harry Llewellyn	Ellie Williams	Geraint Owens	Georgia Shiels 26.5 200m Br	Ryan Beckerleg	
December	Gemma Hillary	Lauren Omnet	E & I Badham	Rosie Llewellyn 16.28 400m IM	Alice Sloan	
2014						
February	Freddie Wilson	Georgia Lee	Hazel Fox	Rowan Kettle 400fc-200br 23+	Charlie Shiels	
March	Benjamin Hillary	Jake Edwards	Chloe Edwards	Colm Tobin	Lauren Omnet	
April	Chloe Morris	Jessica Morris	Ellie Rogers	Ella Townsend 3.72 200m Br	Abigayle Williams	
June	Charlotte Evans	Tom David	David Radmore	Lauren Omnet	Abbie Williams	
September	Marilla Evans	Caera Lewis	Cerys John	Rosie Llewellyn 33.88 400m IM	Abigayle Williams	Lauren Omnet
October	Jayden Wilson	Daniel Twynham	Lucy Omnet	Lewis Kettle 200m IM	Rowan Kettle	Chloe Edwards
November	James Townsend	Hannah Greenwood	Rosie Llewellyn	Jessica Morris 100m br 56.01	Charlie Shiels	Caera Lewis
December	Ioan Mutter	Toby Sturley	Abbie Williams	Ellie Rogers 199.9 800fc	Jessica Morris	Charlie Shiels
2015						
February	Abigail Thomas	Megan Cole	Georgia Shiels	Lewys Kettle 200br 25.37	Fern Cumine	Alice Sloan
May	Ioan Mutter	Megan Cole	Ella Townsend	No Award	Arron Fitzimmons	Toby Sturley
June	Rebecca Evans	Rachael Evans	Thomas Griffiths	Tayla Wilson	Caera Lewis	Bethan Jones
July	Nye Lee	Freddie Wilson	Ellie Williams	Lauren Omnet 200fly 22.9	Charlie Shiels	Abbie Williams
October	Jayden Wilson	Benjamin Hillary	Ellie Parks	Owyn Griffiths 200bk 48.77	Charlie Shiels	Georgia Lee
November	Lilly Busby	Arron Fitzimmons	Chloe Edwards	Tayla Wilson 82.4 400m FC	No Winner	Lewys Kettle
December	Gracie Rogers	Lena Hughes	Jessica Morris	Ben Omnet 9.92sec 200m F	Bethan Jones	Cup not Returned

Water Dragons Junior School Competition Swimmer of the month PB of month

2016 *not all cups returned and late*

February	Libby Williams	Molly Jones	Charlie Shiels	Taylor Wilson	Ben Omnet 31.51 400FC
April	Lexy Davies	Hannah Greenwood	Lilly Busby	Gracie Rogers	Abigail Thomas 64.37 200im
May	Luke Dobbin	Megan Cole	Benjamin Hillary	Tomas Griffiths	No Winner
June	Jayden Wilson	Charlotte Evans	Harry Llewellyn	Chloe John	Abigail Thomas 22.55 50m fly
October	Carys Thompson	Holly-Jane Callen	Tayla Wilson	Arron Fitzimmons	Georgia Lee 51.16 200m Breaststroke
November	Ben Evans	Jayden Wilson	Arron Fitzimmons	Edward Lister	Hannah Greenwood

2017

April	Jessica Powell	Alice Oliver	Caera Lewis	Holly-Jane Callen	Ben Hillary 27.13 W/W 200m BK
June	Freya Thompson	Cup not Returned	Arron Fitzimmons	Jayden Keane	Cup not Returned
July	Cerys Griffiths	Hazel Lister	Megan Cole	Maggie Surley	Edward Lister
Sept	Fred Morris	Marrilla Evans	Aria Evans	Leah Carrol	Caera Lewis 15sec LC Fly
November	Callum Keane	Marrilla Evans	Arron Fitzimmons	Amilee Hounsell	Georgia Lee 107.63 400 fc

2018

February	Mylia Webb	Nieve McNally	Hazel Lister	Ben Evans	Ben Morgan 87.02 200 F/C
March	Ewan Sture	Jack Morgan	Ben Hillary	Abigail Thomas	Arron Fitzsimmons 22.79 1500m
April	Cai Jones	Abigail Hillary	Jack Morgan	Alice Oliver	Cai Johnson 20sec 100m f/c
July	Freya Thompson	Jack Morgan	Jayden Keane	Sophie Moseley	Kaci-Lee Watkins 43.93 200m IM
October	Sky Bruce	Mason Montague	xxxxxxxxxxx	Mylia Webb	xxxxxxxxxxxxxxx
November	Ewan Sture	Jack Morgan	Ben Hillary	Callum Keane	Carys Thompson 400m FC 81.69
December	Malachi Lyseight-Jones	Stephanie Voyle	Charlie Shiels	Sophie Moseley	Jack Morgan 1500m FC 401.49

2019

January	Keira Monague	Callum Keane	Charlie Shiels	Ben Hillary	Maggie Sturley 200IM 32.39
July	Indya Lysight-Jones	XXXXXXXXXX	XXXXXXXXXX	Mason Montague	Freya Thompson 200IM 4.26.16
September	Phillip Twynham	XXXXXXXXXX	Keira Bruce	Ben Evans	XXXXXXXXXX
November	Emily Moseley	XXXXXXXXXX	Ben Morgan	XXXXXXXXXXXXXXXXXXXX	Freya Thompson 100IM 44.52

2020

January	Julia Ostrowsky				
March	Gracie Howlin				