

## Individual Meet Results

**West Wales Sub Regional Competition 2019 22-Nov-19 to 24-Nov-19 [Ageup: 31/12/2019] SC Meters**

**Sanction: 3WL190047 Location: Haverfordwest Leisure Centre**

**Pembroke & District [PEMY] Coach: Keith Thompson Thompson**

Time	F/P/S	Name	Age	Place	Points	Impr
<b>Event # 1C Male 1500 Free 12-12</b>						
22:10.18S	F	Jack Morgan	12	2	---	-89
<b>Event # 1F Male 1500 Free 15 &amp; Over</b>						
19:05.71S	F	Charlie Shiels	15	2	---	---
20:10.60S	F	Arron Fitzsimmons	15	4	---	57
<b>Event # 2C Female 800 Free 12-12</b>						
NS	F	Carys Thompson	12	---	---	---
<b>Event # 2D Female 800 Free 13-13</b>						
12:27.06S	F	Abigail Thomas	13	8	---	---
13:20.51S	F	Sophie Moseley	13	10	---	-41
<b>Event # 3B Male 50 Free 11-11</b>						
37.42S	F	Malachi Lyseight-Jones	11	10	---	-5
<b>Event # 4A Female 50 Free 10-10</b>						
45.69S	F	Keira Montague	10	12	---	1
46.49S	F	Rosie Oliver	10	13	---	-7
<b>Event # 4B Female 50 Free 11-11</b>						
34.77S	F	Abigail Hillary	11	5	---	0
36.77S	F	Alice Oliver	11	9	---	-5
56.48S	F	Stephanie Voyle	11	19	---	---
<b>Event # 4C Female 50 Free 12-12</b>						
34.37S	F	Saskia Webb	12	8	---	-1
<b>Event # 5A Male 100 Back 13-13</b>						
1:13.31S	F	Benjamin Hillary	13	1	---	0
1:30.12S	F	Ioan Mutter	13	4	---	2
<b>Event # 5C Male 100 Back 15 &amp; Over</b>						
1:08.13S	DQ	F	Arron Fitzsimmons	15	---	---
<b>Event # 6A Female 100 Back 13-13</b>						
1:32.79S	F	Sophie Moseley	13	9	---	4
<b>Event # 6B Female 100 Back 14-14</b>						
NS	F	Ffion Moses	14	---	---	---
<b>Event # 7B Male 100 Breast 11-11</b>						
1:42.11S	F	Mason Montague	11	2	---	6
2:00.93S	F	Malachi Lyseight-Jones	11	8	---	2
<b>Event # 8A Female 100 Breast 10-10</b>						
2:12.87S	F	Rosie Oliver	10	7	---	0

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<b>Time</b>	<b>F/P/S</b>	<b>Name</b>	<b>Age</b>	<b>Place</b>	<b>Points</b>	<b>Impr</b>
<b>Event # 8B Female 100 Breast 11-11</b>						
1:42.73S	F	Abigail Hillary	11	4	---	-8
1:47.05S	F	Mylia Webb	11	6	---	-8
1:52.86S	F	Alice Oliver	11	10	---	-11
2:26.22S	F	Stephanie Voyle	11	16	---	-12
NS	F	Lily Adams	11	---	---	---
<b>Event # 8C Female 100 Breast 12-12</b>						
1:48.01S	F	Carys Thompson	12	11	---	1
<b>Event # 12A Female 200 Back 10-10</b>						
4:15.67S	DQ	F	Rosie Oliver	10	---	---
<b>Event # 12B Female 200 Back 11-11</b>						
3:51.85S	F	Alice Oliver	11	7	---	16
<b>Event # 12C Female 200 Back 12-12</b>						
2:58.12S	F	Saskia Webb	12	6	---	-16
<b>Event # 13A Female 200 Breast 13-13</b>						
3:14.80S	F	Holly-Jane Callen	13	3	---	6
<b>Event # 13C Female 200 Breast 15 &amp; Over</b>						
3:16.07S	F	Georgia Lee	15	1	---	-1
<b>Event # 14A Male 200 Breast 13-13</b>						
3:36.90S	F	Ioan Mutter	13	2	---	-48
<b>Event # 16A Male 100 Fly 10-10</b>						
1:45.53S	F	Ben Morgan	10	2	---	-6
<b>Event # 16C Male 100 Fly 12-12</b>						
1:30.91S	F	Jack Morgan	12	4	---	-4
<b>Event # 17A Female 50 Back 13-13</b>						
42.65S	F	Sophie Moseley	13	8	---	0
<b>Event # 17B Female 50 Back 14-14</b>						
NS	F	Ffion Moses	14	---	---	---
<b>Event # 17C Female 50 Back 15 &amp; Over</b>						
37.82S	F	Georgia Lee	15	5	---	0
<b>Event # 18A Male 50 Back 13-13</b>						
42.46S	F	Ioan Mutter	13	7	---	-1

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Time	F/P/S	Name	Age	Place	Points	Impr
<b>Event # 18C Male 50 Back 15 &amp; Over</b>						
29.94S	F	Toby Sturley	15	1	---	-1
32.08S	F	Arron Fitzsimmons	15	4	---	1
<b>Event # 19C Female 400 Free 12-12</b>						
6:48.28S	F	Carys Thompson	12	14	---	-17
<b>Event # 20A Male 400 Free 10-10</b>						
6:26.65S	F	Ben Morgan	10	3	---	---
<b>Event # 20C Male 400 Free 12-12</b>						
5:31.02S	F	Jack Morgan	12	4	---	-32
<b>Event # 21A Female 200 IM 13-13</b>						
NS	F	Sophie Moseley	13	---	---	---
<b>Event # 21B Female 200 IM 14-14</b>						
NS	F	Ffion Moses	14	---	---	---
<b>Event # 21C Female 200 IM 15 &amp; Over</b>						
2:52.67S	F	Georgia Lee	15	6	---	0
<b>Event # 22A Male 200 IM 13-13</b>						
2:39.68S	F	Benjamin Hillary	13	1	---	-2
<b>Event # 22C Male 200 IM 15 &amp; Over</b>						
2:26.14S	F	Charlie Shiels	15	2	---	3
2:35.17S	F	Arron Fitzsimmons	15	5	---	2
<b>Event # 23A Male 200 Free 10-10</b>						
3:03.93S	F	Ben Morgan	10	4	---	-5
NS	F	Dylan Lee	10	---	---	---
<b>Event # 23B Male 200 Free 11-11</b>						
3:11.54S	F	Malachi Lyseight-Jones	11	11	---	-4
<b>Event # 23C Male 200 Free 12-12</b>						
2:36.46S	F	Jack Morgan	12	1	---	-4
<b>Event # 24B Female 200 Free 11-11</b>						
2:43.80S	F	Abigail Hillary	11	4	---	-9
<b>Event # 24C Female 200 Free 12-12</b>						
3:17.37S	F	Fleur Lord	12	19	---	-20
<b>Event # 25C Male 200 Back 15 &amp; Over</b>						
NS	F	Arron Fitzsimmons	15	---	---	---

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<b>Time</b>	<b>F/P/S</b>	<b>Name</b>	<b>Age</b>	<b>Place</b>	<b>Points</b>	<b>Impr</b>
<b>Event # 26A Female 200 Back 13-13</b>						
NS	F	Sophie Moseley	13	---	---	---
<b>Event # 27A Male 50 Fly 10-10</b>						
45.96S	F	Ben Morgan	10	2	---	-5
48.27S	F	Dylan Lee	10	5	---	-2
<b>Event # 27B Male 50 Fly 11-11</b>						
40.30S	F	Mason Montague	11	3	---	-6
<b>Event # 27C Male 50 Fly 12-12</b>						
41.46S	F	Jack Morgan	12	1	---	3
<b>Event # 28A Female 50 Fly 10-10</b>						
54.33S	F	Keira Montague	10	5	---	-7
<b>Event # 28B Female 50 Fly 11-11</b>						
48.64S	F	Abigail Hillary	11	13	---	-1
<b>Event # 28C Female 50 Fly 12-12</b>						
38.50S	F	Saskia Webb	12	5	---	-13
50.71S	F	Carys Thompson	12	19	---	5
53.03S	F	Fleur Lord	12	20	---	1
<b>Event # 30A Female 100 Breast 13-13</b>						
1:30.13S	F	Holly-Jane Callen	13	1	---	4
NS	F	Sophie Moseley	13	---	---	---
<b>Event # 31A Male 400 IM 10-10</b>						
7:36.58S	DQ	F	Ben Morgan	10	---	---
<b>Event # 31C Male 400 IM 12-12</b>						
6:32.27S	F	Jack Morgan	12	3	---	-20
<b>Event # 33A Female 50 Free 13-13</b>						
33.55S	F	Abigail Thomas	13	9	---	0
33.89S	F	Holly-Jane Callen	13	11	---	1
37.46S	F	Sophie Moseley	13	18	---	-5
<b>Event # 33B Female 50 Free 14-14</b>						
38.95S	F	Molly Jones	14	6	---	1
NS	F	Ffion Moses	14	---	---	---
<b>Event # 33C Female 50 Free 15 &amp; Over</b>						
31.22S	F	Georgia Lee	15	7	---	0
<b>Event # 34A Male 50 Free 13-13</b>						
31.94S	F	Ioan Mutter	13	3	---	-3

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Time	F/P/S	Name	Age	Place	Points	Impr
<b>Event # 34B Male 50 Free 14-14</b>						
34.82S	F	Leon Twynam	14	11	---	-5
<b>Event # 34C Male 50 Free 15 &amp; Over</b>						
26.69S	F	Toby Sturley	15	1	---	0
28.18S	F	Arron Fitzsimmons	15	6	---	0
32.71S	F	Daniel Twynam	16	14	---	-14
<b>Event # 35B Female 100 Back 11-11</b>						
1:37.46S	F	Mylia Webb	11	11	---	-8
<b>Event # 35C Female 100 Back 12-12</b>						
1:22.28S	F	Saskia Webb	12	7	---	-10
<b>Event # 36A Male 100 Back 10-10</b>						
1:32.94S	F	Callum Keane	10	2	---	-22
<b>Event # 37A Female 50 Fly 13-13</b>						
38.04S	F	Abigail Thomas	13	3	---	1
<b>Event # 37B Female 50 Fly 14-14</b>						
46.73S	F	Molly Jones	14	6	---	---
NS	F	Ffion Moses	14	---	---	---
<b>Event # 37C Female 50 Fly 15 &amp; Over</b>						
35.82S	F	Georgia Lee	15	6	---	-1
<b>Event # 38A Male 50 Fly 13-13</b>						
32.29S	F	Benjamin Hillary	13	1	---	-1
36.34S	F	Ioan Mutter	13	3	---	-1
<b>Event # 38B Male 50 Fly 14-14</b>						
39.54S	F	Leon Twynam	14	5	---	-9
<b>Event # 38C Male 50 Fly 15 &amp; Over</b>						
29.05S	F	Charlie Shiels	15	1	---	-1
29.87S	F	Toby Sturley	15	3	---	-5
31.75S	F	Arron Fitzsimmons	15	5	---	0
38.16S	F	Daniel Twynam	16	11	---	-19
<b>Event # 39A Female 200 Breast 10-10</b>						
4:34.74S	F	Keira Montague	10	6	---	---
<b>Event # 39B Female 200 Breast 11-11</b>						
3:40.36S	F	Abigail Hillary	11	4	---	-25
3:48.44S	F	Mylia Webb	11	6	---	---
4:53.05S	F	Stephanie Voyle	11	12	---	---

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Time	F/P/S	Name	Age	Place	Points	Impr
<b>Event # 39C Female 200 Breast 12-12</b>						
3:47.72S	F	Carys Thompson	12	14	---	-7
<b>Event # 40A Male 200 Breast 10-10</b>						
4:01.11S	F	Callum Keane	10	3	---	---
<b>Event # 40B Male 200 Breast 11-11</b>						
3:32.93S	DQ F	Mason Montague	11	---	---	---
<b>Event # 41A Female 200 Free 13-13</b>						
2:43.34S	F	Holly-Jane Callen	13	11	---	5
3:07.26S	F	Sophie Moseley	13	16	---	4
<b>Event # 41C Female 200 Free 15 &amp; Over</b>						
2:36.13S	F	Georgia Lee	15	5	---	-3
<b>Event # 42A Male 200 Free 13-13</b>						
2:20.97S	F	Benjamin Hillary	13	1	---	-9
<b>Event # 42C Male 200 Free 15 &amp; Over</b>						
2:16.50S	F	Arron Fitzsimmons	15	7	---	-2
2:38.91S	F	Daniel Twynam	16	11	---	-2
<b>Event # 43A Male 50 Breast 10-10</b>						
52.55S	F	Callum Keane	10	8	---	0
<b>Event # 43B Male 50 Breast 11-11</b>						
45.37S	F	Mason Montague	11	1	---	0
54.22S	F	Malachi Lyseight-Jones	11	7	---	-3
<b>Event # 44A Female 50 Breast 10-10</b>						
57.30S	F	Keira Montague	10	11	---	-8
59.80S	F	Skye Bruce	10	15	---	2
<b>Event # 44B Female 50 Breast 11-11</b>						
47.99S	F	Abigail Hillary	11	5	---	-3
51.84S	F	Mylia Webb	11	15	---	1
1:07.48S	F	Stephanie Voyle	11	22	---	-2
<b>Event # 44C Female 50 Breast 12-12</b>						
50.49S	F	Carys Thompson	12	12	---	-2
58.25S	F	Fleur Lord	12	18	---	-7
<b>Event # 45A Male 100 Fly 13-13</b>						
1:16.09S	F	Benjamin Hillary	13	1	---	-6
1:28.20S	F	Ioan Mutter	13	4	---	-15
<b>Event # 45B Male 100 Fly 14-14</b>						
1:30.86S	F	Leon Twynam	14	3	---	-23

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Time	F/P/S	Name	Age	Place	Points	Impr
<b>Event # 45C Male 100 Fly 15 &amp; Over</b>						
1:04.91S	F	Charlie Shiels	15	1	---	-10
1:30.72S	F	Daniel Twynam	16	6	---	-32
<b>Event # 46A Female 100 Fly 13-13</b>						
1:29.39S	F	Abigail Thomas	13	6	---	0
<b>Event # 47A Male 50 Back 10-10</b>						
44.66S	F	Callum Keane	10	4	---	0
<b>Event # 47B Male 50 Back 11-11</b>						
40.76S	F	Mason Montague	11	1	---	-5
<b>Event # 48A Female 50 Back 10-10</b>						
53.11S	F	Keira Montague	10	12	---	0
46.14S DQ	F	Skye Bruce	10	---	---	---
<b>Event # 48B Female 50 Back 11-11</b>						
43.48S	F	Abigail Hillary	11	9	---	-3
48.05S	F	Mylia Webb	11	19	---	0
58.63S DQ	F	Stephanie Voyle	11	---	---	---
<b>Event # 48C Female 50 Back 12-12</b>						
38.93S	F	Saskia Webb	12	6	---	-3
47.20S DQ	F	Fleur Lord	12	---	---	---
<b>Event # 49B Male 400 Free 14-14</b>						
5:53.35S	F	Leon Twynam	14	2	---	-100
<b>Event # 49C Male 400 Free 15 &amp; Over</b>						
4:58.36S	F	Arron Fitzsimmons	15	5	---	5
<b>Event # 51A Male 200 IM 10-10</b>						
3:31.86S	F	Ben Morgan	10	5	---	-10
<b>Event # 51B Male 200 IM 11-11</b>						
3:17.72S	F	Mason Montague	11	3	---	1
<b>Event # 51C Male 200 IM 12-12</b>						
3:03.29S	F	Jack Morgan	12	4	---	-7
<b>Event # 52A Female 200 IM 10-10</b>						
3:42.26S	F	Skye Bruce	10	4	---	-9
4:10.88S	F	Keira Montague	10	9	---	-9
<b>Event # 52B Female 200 IM 11-11</b>						
3:23.88S DQ	F	Abigail Hillary	11	---	---	---
5:09.42S DQ	F	Stephanie Voyle	11	---	---	---

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<b>Event # 52C Female 200 IM 12-12</b>						
3:34.27S	F	Carys Thompson	12	13	---	7
3:50.00S	F	Fleur Lord	12	15	---	-11
<b>Event # 54C Male 400 IM 15 &amp; Over</b>						
5:33.48S	F	Arron Fitzsimmons	15	1	---	1
<b>Event # 56A Male 200 Fly 10-10</b>						
3:47.09S	F	Ben Morgan	10	1	---	-20
<b>Event # 56C Male 200 Fly 12-12</b>						
3:14.73S	F	Jack Morgan	12	2	---	-11
<b>Event # 57A Female 50 Breast 13-13</b>						
40.70S	F	Holly-Jane Callen	13	2	---	0
<b>Event # 57B Female 50 Breast 14-14</b>						
47.78S	F	Molly Jones	14	6	---	1
<b>Event # 58C Male 50 Breast 15 &amp; Over</b>						
35.00S	F	Toby Sturley	15	1	---	0
NS	F	Arron Fitzsimmons	15	---	---	---
<b>Event # 59B Female 100 Free 11-11</b>						
1:15.50S	F	Abigail Hillary	11	4	---	-4
<b>Event # 59C Female 100 Free 12-12</b>						
1:16.79S	F	Saskia Webb	12	11	---	-6
1:27.79S	F	Carys Thompson	12	18	---	-1
<b>Event # 60B Male 100 Free 11-11</b>						
1:19.06S	F	Mason Montague	11	2	---	-22
1:26.39S	F	Malachi Lyseight-Jones	11	6	---	-12
<b>Event # 60C Male 100 Free 12-12</b>						
1:13.01S	F	Jack Morgan	12	1	---	-2
<b>Event # 61A Female 100 Free 13-13</b>						
NS	F	Holly-Jane Callen	13	---	---	---
<b>Event # 61B Female 100 Free 14-14</b>						
1:35.09S	F	Molly Jones	14	6	---	4
NS	F	Ffion Moses	14	---	---	---
<b>Event # 62C Male 100 Free 15 &amp; Over</b>						
59.10S	F	Charlie Shiels	15	2	---	1
59.59S	F	Toby Sturley	15	3	---	2
1:02.02S	F	Arron Fitzsimmons	15	8	---	1