

West Wales Regionals 2018 - 02/02/2018 to 11/02/2018**Results - Session 4 - Warmup 01.45pm****Event 14 Boys 13 Year Olds 50 SC Meter Butterfly**

Name	Age	Team	Prelim Time	Finals Time	Points
Finals					
1 Roberts, Joshua	13	Celtic Dolphins	32.84	32.72	
2 Andrews, Rory	13	Haverfordwest Swimming Club	33.26	33.19	
3 North-Mullis, Oliver	13	Carmarthen	33.49	33.58	
4 Hedge, Thomas A	13	Swansea Aquatics	34.15	34.23	
5 Cole, Toby R	13	Swansea Aquatics	35.57	35.31	
6 Keane, Jayden	13	Pembroke & District	35.65	36.84	
7 Ralph, Robbie	13	Haverfordwest Swimming Club	41.98	41.18	

Event 14 Boys 13 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1 Roberts, Joshua	13	Celtic Dolphins	32.47	32.84	a
2 Andrews, Rory	13	Haverfordwest Swimming Club	34.48	33.26	a
3 North-Mullis, Oliver	13	Carmarthen	33.14	33.49	a
4 Hedge, Thomas A	13	Swansea Aquatics	36.22	34.15	a
5 Cole, Toby R	13	Swansea Aquatics	36.55	35.57	a
6 Keane, Jayden	13	Pembroke & District	36.63	35.65	a
7 Ralph, Robbie	13	Haverfordwest Swimming Club	39.73	41.98	a
8 Francis, Woody L	13	Swansea Aquatics	41.23	42.23	a

Event 14 Boys 14 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Prelim Time	Finals Time	Points
Finals					
1 Morgan, Dylan	14	Carmarthen	29.37	29.30	
2 White, Henry	14	Haverfordwest Swimming Club	31.92	31.82	
3 Powell, Jake	14	Haverfordwest Swimming Club	32.17	32.62	
4 Fitzsimmons, Arron	14	Pembroke & District	33.40	33.49	
5 Wingrave-Rix, Harvey	14	Swansea Aquatics	34.18	33.94	
6 Lewis, Dylan R	14	Swansea Aquatics	34.47	34.52	
7 Partridge, Rhys	14	Llanelli Asc	34.60	34.95	
8 Edwards, Liam	14	Carmarthen	36.18	35.51	

Event 14 Boys 14 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1 Morgan, Dylan	14	Carmarthen	29.43	29.37	a
2 White, Henry	14	Haverfordwest Swimming Club	34.09	31.92	a
3 Powell, Jake	14	Haverfordwest Swimming Club	31.73	32.17	a
4 Fitzsimmons, Arron	14	Pembroke & District	32.81	33.40	a
5 Wingrave-Rix, Harvey	14	Swansea Aquatics	32.81	34.18	a
6 Lewis, Dylan R	14	Swansea Aquatics	35.01	34.47	a
7 Partridge, Rhys	14	Llanelli Asc	34.61	34.60	a
8 Edwards, Liam	14	Carmarthen	37.75	36.18	a
9 Owen, Kaleb	14	Fishguard Flyers SC	37.07	36.30	

Event 14 Boys 15-16 50 SC Meter Butterfly

Name	Age	Team	Prelim Time	Finals Time	Points
Finals					
1 Morgan, Deian S	16	Carmarthen	28.29	28.09	
2 Govier, Jack	15	Neath Asc	29.23	29.44	
3 Lee, Ethan	15	Penyrheol	30.50	30.19	
4 Jones, Joshua	16	Carmarthen	29.75	30.26	
5 Wells, Lewis	15	Neath Asc	31.58	31.11	
6 Hancock, Carwyn	15	Carmarthen	31.63	32.24	
7 Kelly, Dean L	16	Haverfordwest Swimming Club	33.31	33.37	

West Wales Regionals 2018 - 02/02/2018 to 11/02/2018**Results - Session 4 - Warmup 01.45pm****Finals ... (Event 14 Boys 15-16 50 SC Meter Butterfly)**

Name	Age	Team	Prelim Time	Finals Time	Points
8 Dunning, Luke	16	Llanelli Asc	33.87	34.16	

Event 14 Boys 15-16 50 SC Meter Butterfly

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1 Morgan, Deian S	16	Carmarthen	28.61	28.29	q
2 Govier, Jack	15	Neath Asc	28.61	29.23	q
3 Jones, Joshua	16	Carmarthen	29.51	29.75	q
4 Lee, Ethan	15	Penyrheol	32.05	30.50	q
5 Wells, Lewis	15	Neath Asc	30.87	31.58	q
6 Hancock, Carwyn	15	Carmarthen	31.88	31.63	q
7 Kelly, Dean L	16	Haverfordwest Swimming Club	33.25	33.31	q
8 Dunning, Luke	16	Llanelli Asc	35.36	33.87	q
9 Massey, Jacob	15	Aberystwyth sc	33.44	34.18	
10 MacDougall, Ben J	15	Haverfordwest Swimming Club	35.58	35.26	
--- Osbourne, Cameron	15	Celtic Dolphins	35.49	DQ	

Event 14 Boys 17 & Over 50 SC Meter Butterfly

Name	Age	Team	Prelim Time	Finals Time	Points
Finals					
1 Morris, Alexander T	19	Swansea Aquatics	26.96	26.65	
2 Thomas, Daniel J	21	Swansea Aquatics	27.64	27.46	
3 Mottram, Ben	18	Haverfordwest Swimming Club	27.81	27.70	
4 Phillips, Cameron	18	Aberystwyth sc	28.38	28.17	
5 Lee Davies, Sam	18	Neath Asc	27.93	28.22	
6 Oates, Callum	17	Neath Asc	28.38	28.60	
7 Job, Kyle	20	Penyrheol	30.10	29.82	
8 Gibson, Jason A	18	Swansea Aquatics	34.96	34.64	

Event 14 Boys 17 & Over 50 SC Meter Butterfly

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1 Morris, Alexander T	19	Swansea Aquatics	26.16	26.96	q
2 Thomas, Daniel J	21	Swansea Aquatics	26.74	27.64	q
3 Mottram, Ben	18	Haverfordwest Swimming Club	27.51	27.81	q
4 Lee Davies, Sam	18	Neath Asc	28.22	27.93	q
*5 Phillips, Cameron	18	Aberystwyth sc	27.51	28.38	q
*5 Oates, Callum	17	Neath Asc	28.07	28.38	q
7 Job, Kyle	20	Penyrheol	28.74	30.10	q
8 Davies, Rhys	17	Fishguard Flyers SC	28.72	30.79	q
9 Clapham, Patrick J	17	Fishguard Flyers SC	35.49	34.39	
10 Gibson, Jason A	18	Swansea Aquatics	34.27	34.96	
--- Fraser, Lewis W	18	Swansea Aquatics	24.14	DQ	

Event 15 Girls 11 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Prelim Time	Finals Time	Points
Finals					
1 Gilligan, Gracie	11	Neath Asc	1:35.92	1:33.93	
	44.80	1:33.93 (49.13)			
2 Davies, Rhian L	11	Swansea Aquatics	1:40.21	1:36.93	
	45.46	1:36.93 (51.47)			
3 Knowles, Amy A	11	Haverfordwest Swimming Club	1:40.41	1:38.23	
	47.26	1:38.23 (50.97)			
4 Thomas, Grace	11	Milford Haven Swim Squad	1:47.08	1:46.12	
	50.53	1:46.12 (55.59)			

West Wales Regionals 2018 - 02/02/2018 to 11/02/2018**Results - Session 4 - Warmup 01.45pm****Finals ... (Event 15 Girls 11 Year Olds 100 SC Meter Breaststroke)**

Name	Age	Team	Prelim Time	Finals Time	Points
5 Sivak, Maddy	11	Swansea Aquatics	1:46.76	1:48.63	
51.44	1:48.63 (57.19)				
6 Puglia-Walburg, Alessia	11	Milford Haven Swim Squad	1:52.73	1:50.20	
52.42	1:50.20 (57.78)				
7 Edwards, Izzy M	11	Swansea Aquatics	1:48.38	1:51.24	
51.91	1:51.24 (59.33)				
--- McDonald, Erin	11	Haverfordwest Swimming Club	1:57.63	DQ	
55.81	DQ (1:02.35)				

Event 15 Girls 11 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1 Gilligan, Gracie	11	Neath Asc	1:36.69	1:35.92	q
2 Davies, Rhian L	11	Swansea Aquatics	1:39.70	1:40.21	q
47.18	1:40.21 (53.03)				
3 Knowles, Amy A	11	Haverfordwest Swimming Club	1:39.94	1:40.41	q
47.63	1:40.41 (52.78)				
4 Sivak, Maddy	11	Swansea Aquatics	1:42.91	1:46.76	q
50.23	1:46.76 (56.53)				
5 Thomas, Grace	11	Milford Haven Swim Squad	1:42.87	1:47.08	q
51.14	1:47.08 (55.94)				
6 Edwards, Izzy M	11	Swansea Aquatics	1:48.89	1:48.38	q
50.39	1:48.38 (57.99)				
7 Puglia-Walburg, Alessia	11	Milford Haven Swim Squad	1:55.04	1:52.73	q
54.13	1:52.73 (58.60)				
8 McDonald, Erin	11	Haverfordwest Swimming Club	2:00.65	1:57.63	q
54.12	1:57.63 (1:03.51)				
9 Francis, Heledd G	11	Swansea Aquatics	1:58.91	1:58.42	
56.59	1:58.42 (1:01.83)				

Event 15 Girls 12 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Prelim Time	Finals Time	Points
Finals					
1 Lewis, Caera	12	Pembroke & District	1:28.63	1:28.25	
42.06	1:28.25 (46.19)				
2 Patterson, Millie	12	Carmarthen	1:30.78	1:28.87	
43.32	1:28.87 (45.55)				
3 Phillips, Erin	12	Celtic Dolphins	1:32.90	1:31.49	
43.86	1:31.49 (47.63)				
4 Thomas, Seren M	12	Swansea Aquatics	1:34.45	1:32.87	
43.77	1:32.87 (49.10)				
5 Callen, Holly-Jane	12	Pembroke & District	1:36.01	1:34.74	
45.82	1:34.74 (48.92)				
6 Horne, Alexa	12	Fishguard Flyers SC	1:36.92	1:36.00	
45.92	1:36.00 (50.08)				
7 Rush, Ella	12	Celtic Dolphins	1:37.39	1:36.94	
45.80	1:36.94 (51.14)				
8 Hale, Chloe	12	Haverfordwest Swimming Club	1:37.89	1:37.32	
46.27	1:37.32 (51.05)				

Event 15 Girls 12 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1 Lewis, Caera	12	Pembroke & District	1:31.04	1:28.63	q
42.59	1:28.63 (46.04)				
2 Patterson, Millie	12	Carmarthen	1:34.80	1:30.78	q
44.40	1:30.78 (46.38)				

West Wales Regionals 2018 - 02/02/2018 to 11/02/2018**Results - Session 4 - Warmup 01.45pm****Preliminaries ... (Event 15 Girls 12 Year Olds 100 SC Meter Breaststroke)**

Name	Age	Team	Seed Time	Prelim Time	
3 Phillips, Erin	12	Celtic Dolphins	1:42.11	1:32.90	a
44.24				1:32.90 (48.66)	
4 Thomas, Seren M	12	Swansea Aquatics	1:35.28	1:34.45	a
44.34				1:34.45 (50.11)	
5 Llewellyn, Nia	12	Haverfordwest Swimming Club	1:34.81	1:35.60	a
44.81				1:35.60 (50.79)	
6 Callen, Holly-Jane	12	Pembroke & District	1:39.43	1:36.01	a
46.31				1:36.01 (49.70)	
7 Horne, Alexa	12	Fishguard Flyers SC	1:42.11	1:36.92	a
46.73				1:36.92 (50.19)	
8 Rush, Ella	12	Celtic Dolphins	1:42.71	1:37.39	a
45.64				1:37.39 (51.75)	
9 Hale, Chloe	12	Haverfordwest Swimming Club	1:39.95	1:37.89	
46.31				1:37.89 (51.58)	
10 John, Lucy	12	Haverfordwest Swimming Club	1:40.05	1:38.60	
47.67				1:38.60 (50.93)	
11 Williams-Jones, Cari	12	Llanelli Asc	1:40.75	1:38.81	
46.67				1:38.81 (52.14)	
12 Evans, Caitlin	12	Neath Asc	1:39.68	1:38.92	
47.35				1:38.92 (51.57)	
13 White, Eleanor R	12	Haverfordwest Swimming Club	1:40.78	1:41.44	
47.91				1:41.44 (53.53)	
14 Pugh, Kara	12	Haverfordwest Swimming Club	1:42.69	1:42.82	
48.22				1:42.82 (54.60)	
15 Haley, Roxy H	12	Tenby & District	1:48.06	1:44.01	
49.49				1:44.01 (54.52)	
16 Goddard, Evie E	12	Haverfordwest Swimming Club	1:46.06	1:45.07	
49.57				1:45.07 (55.50)	
17 Williams, Freya	12	Milford Haven Swim Squad	1:44.90	1:45.93	
48.83				1:45.93 (57.10)	
18 Thomas, Abigail G	12	Pembroke & District	1:52.75	1:46.76	
51.53				1:46.76 (55.23)	
19 Forster, Ella	12	Fishguard Flyers SC	1:51.07	1:47.65	
51.47				1:47.65 (56.18)	
20 Carroll, Leah	12	Pembroke & District	1:53.15	1:50.34	
53.25				1:50.34 (57.09)	

Event 16 Boys 11 Year Olds 200 SC Meter Backstroke (HDW)

Name	Age	Team	Seed Time	Finals Time	Points
1 Thomas, Dewi	11	Haverfordwest Swimming Club	3:08.24	2:55.90	
42.23				1:27.64 (45.41)	
				2:14.37 (46.73)	
				2:55.90 (41.53)	
--- Weston, Liam	11	Llanelli Asc	3:19.70	DQ	
45.54				1:36.10 (50.56)	
				2:27.20 (51.10)	
				DQ (49.58)	

Event 16 Boys 12 Year Olds 200 SC Meter Backstroke (HDW)

Name	Age	Team	Seed Time	Finals Time	Points
1 Wells, Oliver S	12	Celtic Dolphins	3:23.78	2:45.20	
39.97				1:22.00 (42.03)	
				2:04.61 (42.61)	
				2:45.20 (40.59)	
2 Carver, Wil J	12	Swansea Aquatics	2:46.02	2:49.96	
40.21				1:23.98 (43.77)	
				2:07.77 (43.79)	
				2:49.96 (42.19)	
3 West, Zac	12	Fishguard Flyers SC	2:53.89	2:55.80	
42.62				2:13.42 (1:30.80)	
				2:55.80 (42.38)	
4 Greenaway, Thomas W	12	Swansea Aquatics	3:16.37	3:09.67	
43.60				1:32.51 (48.91)	
				2:22.49 (49.98)	
				3:09.67 (47.18)	
--- Gwyn, Osian	12	Neath Asc	3:04.46	DQ	
43.68				1:30.17 (46.49)	
				2:16.24 (46.07)	
				DQ (43.33)	

West Wales Regionals 2018 - 02/02/2018 to 11/02/2018**Results - Session 4 - Warmup 01.45pm****Event 17 Boys 13 Year Olds 400 SC Meter Freestyle (HDW)**

Name	Age	Team	Seed Time	Finals Time	Points
1 Andrews, Rory	13	Haverfordwest Swimming Club	4:43.14	4:33.88	
31.37	1:05.78 (34.41)	1:40.56 (34.78)	2:15.32 (34.76)		
2:50.04 (34.72)	3:24.79 (34.75)	3:59.57 (34.78)	4:33.88 (34.31)		
2 Hewitt, Harry C	13	Swansea Aquatics	4:39.83	4:43.61	
31.91	1:07.29 (35.38)	1:43.27 (35.98)	2:19.61 (36.34)		
2:55.88 (36.27)	3:32.25 (36.37)	4:08.38 (36.13)	4:43.61 (35.23)		
3 Roberts, Joshua	13	Celtic Dolphins	4:50.19	4:53.57	
32.35	1:09.34 (36.99)	1:47.05 (37.71)	2:25.51 (38.46)		
3:03.52 (38.01)	3:40.60 (37.08)	4:18.71 (38.11)	4:53.57 (34.86)		
4 Cole, Toby R	13	Swansea Aquatics	5:07.02	4:57.78	
34.03	1:11.75 (37.72)	1:50.03 (38.28)	2:28.03 (38.00)		
3:06.26 (38.23)	3:43.99 (37.73)	4:21.65 (37.66)	4:57.78 (36.13)		
5 Cressey-Rodgers, Ioan	13	Carmarthen	5:18.25	5:15.12	
35.92	1:16.66 (40.74)	1:56.39 (39.73)	2:36.75 (40.36)		
3:17.28 (40.53)	3:57.48 (40.20)	4:37.41 (39.93)	5:15.12 (37.71)		
6 Schmidt, Hans	13	Fishguard Flyers SC	5:41.83	5:37.77	
36.18	1:16.66 (40.48)	1:58.02 (41.36)	2:40.08 (42.06)		
3:23.25 (43.17)	4:06.07 (42.82)	4:48.06 (41.99)	5:37.77 (49.71)		
7 Ralph, Robbie	13	Haverfordwest Swimming Club	5:43.27	5:44.27	
37.46	1:19.36 (41.90)	2:05.02 (45.66)	2:48.84 (43.82)		
3:34.55 (45.71)	4:20.23 (45.68)	5:03.73 (43.50)	5:44.27 (40.54)		
8 Francis, Woody L	13	Swansea Aquatics	5:32.43	5:45.08	
38.71	1:23.24 (44.53)	2:08.84 (45.60)	2:53.32 (44.48)		
3:37.71 (44.39)	4:21.55 (43.84)	5:05.31 (43.76)	5:45.08 (39.77)		
--- Thomas, Charlie	13	Celtic Dolphins	5:30.69	DQ	
35.94	1:16.01 (40.07)	1:56.62 (40.61)	2:37.64 (41.02)		
3:19.16 (41.52)	4:01.01 (41.85)	4:43.38 (42.37)	DQ (21.19)		

Event 17 Boys 14 Year Olds 400 SC Meter Freestyle (HDW)

Name	Age	Team	Seed Time	Finals Time	Points
1 White, Henry	14	Haverfordwest Swimming Club	4:49.37	4:40.87	
31.98	1:07.28 (35.30)	1:42.85 (35.57)	2:19.13 (36.28)		
2:55.43 (36.30)	3:31.02 (35.59)	4:06.72 (35.70)	4:40.87 (34.15)		
2 Sturley, Toby	14	Pembroke & District	4:56.45	4:50.52	
33.02	1:09.73 (36.71)	1:46.73 (37.00)	2:23.84 (37.11)		
3:01.76 (37.92)	3:38.13 (36.37)	4:15.34 (37.21)	4:50.52 (35.18)		
3 Fitzsimmons, Arron	14	Pembroke & District	4:57.90	4:52.96	
32.50	1:09.10 (36.60)	1:46.97 (37.87)	2:25.56 (38.59)		
3:02.92 (37.36)	3:40.65 (37.73)	4:17.90 (37.25)	4:52.96 (35.06)		
4 Lewis, Dylan R	14	Swansea Aquatics	5:02.13	4:53.02	
33.64	1:11.17 (37.53)	1:49.53 (38.36)	2:26.76 (37.23)		
3:05.06 (38.30)	3:42.13 (37.07)	4:18.61 (36.48)	4:53.02 (34.41)		
5 Partridge, Rhys	14	Llanelli Asc	5:17.20	5:13.83	
35.43	1:15.11 (39.68)	1:55.53 (40.42)	2:36.10 (40.57)		
3:16.67 (40.57)	3:57.10 (40.43)	4:36.79 (39.69)	5:13.83 (37.04)		

Event 17 Boys 15-16 400 SC Meter Freestyle (HDW)

Name	Age	Team	Seed Time	Finals Time	Points
1 Hancock, Carwyn	15	Carmarthen	4:27.79	4:34.80	
29.96	1:03.59 (33.63)	1:39.10 (35.51)	2:14.57 (35.47)		
2:49.82 (35.25)	3:24.65 (34.83)	3:59.04 (34.39)	4:34.80 (35.76)		
2 Jones, Joshua	16	Carmarthen	4:50.57	4:38.02	
32.35	1:07.72 (35.37)	1:42.44 (34.72)	2:17.40 (34.96)		
2:52.22 (34.82)	3:27.78 (35.56)	4:03.03 (35.25)	4:38.02 (34.99)		
3 Southam, Jack	15	Llanelli Asc	4:52.98	4:44.83	
31.86	1:07.10 (35.24)	1:43.34 (36.24)	2:19.97 (36.63)		
2:56.21 (36.24)	3:33.07 (36.86)	4:09.57 (36.50)	4:44.83 (35.26)		

West Wales Regionals 2018 - 02/02/2018 to 11/02/2018**Results - Session 4 - Warmup 01.45pm****(Event 17 Boys 15-16 400 SC Meter Freestyle (HDW))**

Name	Age	Team	Seed Time	Finals Time	Points
4 Massey, Jacob	15	Aberystwyth sc	5:03.77	4:57.90	
			33.34	1:11.26 (37.92)	1:49.61 (38.35)
			2:27.04 (37.43)	3:05.03 (37.99)	3:43.59 (38.56)
			4:22.15 (38.56)	4:57.90 (35.75)	

Event 17 Boys 17 & Over 400 SC Meter Freestyle (HDW)

Name	Age	Team	Seed Time	Finals Time	Points
1 Williams, Rhys S	19	Carmarthen	4:15.51	4:15.66	
			28.75	1:00.35 (31.60)	1:32.49 (32.14)
			2:04.89 (32.40)	2:37.60 (32.71)	3:10.71 (33.11)
			3:43.77 (33.06)	4:15.66 (31.89)	
2 Davies, Morgan J	24	Neath Asc	4:36.13	4:17.63	
			29.14	1:00.56 (31.42)	1:32.92 (32.36)
			2:05.51 (32.59)	2:38.41 (32.90)	3:11.75 (33.34)
			3:45.17 (33.42)	4:17.63 (32.46)	
3 Davies, Rhys	17	Fishguard Flyers SC	4:27.57	4:33.09	
			29.75	1:03.69 (33.94)	1:38.12 (34.43)
			2:12.69 (34.57)	2:47.62 (34.93)	3:22.91 (35.29)
			3:58.50 (35.59)	4:33.09 (34.59)	

Event 18 Girls 13 Year Olds 200 SC Meter Freestyle (HDW)

Name	Age	Team	Seed Time	Finals Time	Points
1 Evans, Bethan	13	Neath Asc	2:25.08	2:21.26	
			32.71	1:09.38 (36.67)	1:46.43 (37.05)
			2:21.26 (34.83)		
2 Fox, Eve L	13	Swansea Aquatics	2:20.39	2:23.37	
			32.86	1:09.22 (36.36)	1:46.73 (37.51)
			2:23.37 (36.64)		
3 Burgess, Sienna	13	Neath Asc	2:28.28	2:24.06	
			33.39	1:10.72 (37.33)	1:48.75 (38.03)
			2:24.06 (35.31)		
4 Lloyd, Ruby C	13	Swansea Aquatics	2:21.91	2:26.18	
			34.65	1:12.45 (37.80)	1:49.94 (37.49)
			2:26.18 (36.24)		
5 Sandy, Jess	13	Milford Haven Swim Squad	2:29.11	2:27.54	
			35.27	1:13.68 (38.41)	1:51.68 (38.00)
			2:27.54 (35.86)		
6 Scott, Summer	13	Swansea Aquatics	2:33.00	2:34.14	
			36.37	1:15.79 (39.42)	1:55.73 (39.94)
			2:34.14 (38.41)		
7 Garcia de Leaniz, Sofia	13	Swansea Aquatics	2:30.74	2:34.16	
			35.38	1:15.48 (40.10)	1:55.94 (40.46)
			2:34.16 (38.22)		
8 Wilkins, Maia M	13	Swansea Aquatics	2:32.74	2:34.64	
			35.91	1:15.48 (39.57)	1:55.84 (40.36)
			2:34.64 (38.80)		
9 Curtis-Jones, Llian M	13	Celtic Dolphins	2:30.01	2:35.44	
			37.23	1:16.95 (39.72)	1:57.32 (40.37)
			2:35.44 (38.12)		
10 Gillett, Keira J	13	Swansea Aquatics	2:37.29	2:35.80	
			36.47	1:16.91 (40.44)	1:56.91 (40.00)
			2:35.80 (38.89)		
11 Watts, Non	13	Celtic Dolphins	2:34.55	2:35.89	
			35.37	1:14.61 (39.24)	1:55.43 (40.82)
			2:35.89 (40.46)		
12 Jones, Holly-Ellice	13	Carmarthen	2:40.65	2:38.21	
			34.63	1:14.53 (39.90)	1:57.42 (42.89)
			2:38.21 (40.79)		
13 Jones, Jodie	13	Carmarthen	2:48.45	2:39.22	
			36.06	1:16.44 (40.38)	1:59.00 (42.56)
			2:39.22 (40.22)		
14 Rice, Aimee L	13	Carmarthen	2:45.87	2:41.83	
			36.52	1:17.50 (40.98)	2:01.73 (44.23)
			2:41.83 (40.10)		
15 Francis, Mirain I	13	Swansea Aquatics	2:50.91	2:42.08	
			35.66	1:16.24 (40.58)	1:59.26 (43.02)
			2:42.08 (42.82)		
16 Lewis, Abigail	13	Neath Asc	3:01.78	2:43.29	
			38.70	1:19.99 (41.29)	2:02.98 (42.99)
			2:43.29 (40.31)		
17 Clapham, Rhiannon m	13	Fishguard Flyers SC	2:50.55	2:45.11	
			37.40	1:20.55 (43.15)	2:02.59 (42.04)
			2:45.11 (42.52)		
18 White, Amy V	13	Haverfordwest Swimming Club	2:44.56	2:45.88	
			38.04	1:21.51 (43.47)	2:05.48 (43.97)
			2:45.88 (40.40)		
19 Phillips, Rhianna	13	Llanelli Asc	2:59.25	2:52.83	
			39.91	1:24.21 (44.30)	2:09.87 (45.66)
			2:52.83 (42.96)		
20 Jones, Neve	13	Neath Asc	2:56.59	2:53.16	
			38.66	1:23.94 (45.28)	2:10.44 (46.50)
			2:53.16 (42.72)		

West Wales Regionals 2018 - 02/02/2018 to 11/02/2018**Results - Session 4 - Warmup 01.45pm****(Event 18 Girls 13 Year Olds 200 SC Meter Freestyle (HDW))**

Name	Age	Team	Seed Time	Finals Time	Points
21 Williams, Thea	13	Neath Asc	3:03.66	2:58.04	
40.51	1:27.61 (47.10)	2:14.64 (47.03)	2:58.04 (43.40)		

Event 18 Girls 14 Year Olds 200 SC Meter Freestyle (HDW)

Name	Age	Team	Seed Time	Finals Time	Points
1 Whalley, Charlotte	14	Pembroke & District	2:14.33	2:17.34	
30.90	1:04.63 (33.73)	1:40.39 (35.76)	2:17.34 (36.95)		
2 Rees, Emily	14	Llanelli Asc	2:20.34	2:23.20	
33.16	1:09.84 (36.68)	1:47.59 (37.75)	2:23.20 (35.61)		
3 Powell, Megan B	14	Swansea Aquatics	2:21.49	2:23.36	
32.73	1:08.80 (36.07)	1:46.89 (38.09)	2:23.36 (36.47)		
4 Clack, Lucy	14	Carmarthen	2:42.70	2:27.49	
34.84	1:12.83 (37.99)	1:50.30 (37.47)	2:27.49 (37.19)		
5 Evans, Caitlin R	14	Swansea Aquatics	2:27.98	2:28.46	
33.80	1:10.85 (37.05)	1:49.92 (39.07)	2:28.46 (38.54)		
6 Pearce, Molly	14	Llanelli Asc	2:32.48	2:29.29	
33.98	1:12.29 (38.31)	1:52.02 (39.73)	2:29.29 (37.27)		
7 Greenwood, Hannah	14	Pembroke & District	2:36.98	2:30.49	
33.77	1:11.54 (37.77)	1:51.61 (40.07)	2:30.49 (38.88)		
8 Dunning, Ffion	14	Llanelli Asc	2:34.36	2:34.42	
36.34	1:15.31 (38.97)	1:55.06 (39.75)	2:34.42 (39.36)		
9 Griffiths, Seren	14	Haverfordwest Swimming Club	2:39.14	2:36.56	
36.22	1:17.11 (40.89)	1:57.53 (40.42)	2:36.56 (39.03)		
10 Barnikel, Ffion R	14	Tenby & District	2:44.77	2:38.40	
35.83	1:15.86 (40.03)	1:57.03 (41.17)	2:38.40 (41.37)		
11 Glover, Katie	14	Neath Asc	2:41.65	2:38.64	
35.73	1:16.01 (40.28)	1:57.90 (41.89)	2:38.64 (40.74)		
12 Williams, Ffion	14	Haverfordwest Swimming Club	2:47.31	2:47.28	
38.32	1:20.71 (42.39)	2:04.78 (44.07)	2:47.28 (42.50)		
13 Howells, Gwenllian	14	Carmarthen	2:58.98	2:54.22	
38.65	1:22.72 (44.07)	2:08.90 (46.18)	2:54.22 (45.32)		
14 Hughes, Harriet	14	Haverfordwest Swimming Club	2:52.36	3:03.56	
40.82	1:28.15 (47.33)	2:18.42 (50.27)	3:03.56 (45.14)		

Event 18 Girls 15-16 200 SC Meter Freestyle (HDW)

Name	Age	Team	Seed Time	Finals Time	Points
1 Ezard, Emily	16	Neath Asc	2:10.87	2:14.39	
30.56	1:04.70 (34.14)	1:39.96 (35.26)	2:14.39 (34.43)		
2 Willis, Ashleigh J	16	Swansea Aquatics	2:16.94	2:16.93	
30.94	1:05.34 (34.40)	1:41.22 (35.88)	2:16.93 (35.71)		
3 Conlon, Nia	15	Carmarthen	2:20.55	2:18.34	
32.89	1:08.35 (35.46)	1:43.82 (35.47)	2:18.34 (34.52)		
4 Short, Mollie	16	Neath Asc	2:22.50	2:21.92	
32.53	1:09.12 (36.59)	1:46.67 (37.55)	2:21.92 (35.25)		
5 Jones, Ffion	15	Swansea Aquatics	2:28.53	2:23.94	
33.99	1:11.00 (37.01)	1:48.52 (37.52)	2:23.94 (35.42)		
6 Omnet, Lauren	15	Pembroke & District	2:25.70	2:24.22	
33.20	1:10.13 (36.93)	1:47.58 (37.45)	2:24.22 (36.64)		
7 Holdsworth, Jasmine	16	Celtic Dolphins	2:26.43	2:25.19	
34.08	1:10.93 (36.85)	1:48.23 (37.30)	2:25.19 (36.96)		
8 Roberts, Anya	16	Llanelli Asc	2:25.80	2:25.32	
33.69	1:10.28 (36.59)	1:48.32 (38.04)	2:25.32 (37.00)		
9 Warlow, Grace E	15	Neath Asc	2:26.28	2:25.56	
33.68	1:10.54 (36.86)	1:48.65 (38.11)	2:25.56 (36.91)		
10 Grigg-Williams, Chloe	15	Penyrheol	2:42.71	2:27.69	
33.93	1:12.25 (38.32)	1:51.32 (39.07)	2:27.69 (36.37)		
11 Williams, Danielle R	15	Swansea Aquatics	2:28.79	2:28.19	
34.99	1:12.41 (37.42)	1:51.11 (38.70)	2:28.19 (37.08)		

West Wales Regionals 2018 - 02/02/2018 to 11/02/2018**Results - Session 4 - Warmup 01.45pm****(Event 18 Girls 15-16 200 SC Meter Freestyle (HDW))**

	Name	Age	Team	Seed Time	Finals Time	Points
12	Davies, Cari L	15	Aberystwyth sc	2:31.20	2:28.83	
	34.02	1:12.20 (38.18)	1:52.32 (40.12)	2:28.83 (36.51)		
13	Cressey-Rodgers, Deryn H	15	Carmarthen	2:21.50	2:29.00	
	34.27	1:12.50 (38.23)	1:51.02 (38.52)	2:29.00 (37.98)		
14	Wilson, Tayla	15	Pembroke & District	2:29.18	2:29.52	
	33.43	1:11.87 (38.44)	1:51.87 (40.00)	2:29.52 (37.65)		
15	Brooks-Thomas, Tilly E	15	Swansea Aquatics	2:39.07	2:33.93	
	34.24	1:12.70 (38.46)	1:54.25 (41.55)	2:33.93 (39.68)		
16	Glover, Alysia	16	Neath Asc	2:28.62	2:34.14	
	34.83	1:13.76 (38.93)	1:54.15 (40.39)	2:34.14 (39.99)		
17	Martin-Evans, Lillie L	15	Neath Asc	2:35.47	2:41.10	
	36.44	1:16.96 (40.52)	1:59.24 (42.28)	2:41.10 (41.86)		

Event 18 Girls 17 & Over 200 SC Meter Freestyle (HDW)

	Name	Age	Team	Seed Time	Finals Time	Points
1	Davies, Eleri	18	Neath Asc	2:09.27	2:10.05	
	30.06	1:02.67 (32.61)	1:36.54 (33.87)	2:10.05 (33.51)		
2	Davies, Cati	17	Neath Asc	2:12.57	2:13.68	
	30.85	1:04.80 (33.95)	1:40.28 (35.48)	2:13.68 (33.40)		
3	Williams, Rhiannon B	17	Swansea Aquatics	2:19.71	2:19.38	
	32.41	1:08.02 (35.61)	1:44.24 (36.22)	2:19.38 (35.14)		
4	Jones, Niamh	18	Swansea Aquatics	2:21.82	2:21.55	
	32.88	1:08.89 (36.01)	1:45.99 (37.10)	2:21.55 (35.56)		
5	Davies, Cara J	17	Swansea Aquatics	2:16.83	2:22.20	
	31.51	1:06.87 (35.36)	1:44.35 (37.48)	2:22.20 (37.85)		