

## West Wales Sub Regional Competition 2019 - 22/11/2019 to 24/11/2019

## Results - Sub Regionals 2019 - Warmup 11.00am

## Event 13 Girls 13 Year Olds 200 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Millie Patterson	13	CAMY	2:52.59
40.24	43.90	44.79	43.66
2 Evie E Goddard	13	Hsc	3:05.78
43.36	47.86	48.56	46.00
3 Holly-Jane Callen	13	Pembroke	3:14.80
44.40	49.69	51.92	48.79
4 Lucy John	13	Hsc	3:20.37
46.01	50.86	52.11	51.39
5 Erin G Cundy	13	SWAY	3:20.78
46.12	51.23	51.79	51.64
6 Eleanor Fuller	13	CAMY	3:33.97
47.17	54.23	57.29	55.28
7 Cerys Selby	13	CEDY	3:34.70
		0.04	
--- Elisha D Lofredo	13	Llanelli	DQ
55.13	1:04.10	1:04.43	1:02.17

## Event 13 Girls 14 Year Olds 200 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Freya M Thapa	14	Aberystwyth	2:57.36
38.61	44.92	47.61	46.22
2 Rhiannon m Clapham	14	Flyers	3:07.73
42.69	48.07	49.26	47.71
3 Non Watts	14	CEDY	3:16.29
		52.29	51.11

## Event 13 Girls 15 &amp; Over 200 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Georgia Lee	15	Pembroke	3:16.07
44.22	49.36	51.81	50.68
2 Sophie Jones	15	AMMY	3:19.95
44.32	50.76	53.42	51.45
3 Ilenia James	16	NTVY	3:24.61
47.73	52.10	52.11	52.67
4 Alaw Davies	16	Aberystwyth	3:26.44
46.14	52.80	54.43	53.07

## Event 14 Boys 13 Year Olds 200 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Ioan Evans	13	Aberystwyth	3:36.52
48.13	56.35	57.21	54.83
2 Ioan Mutter	13	Pembroke	3:36.90
48.74	55.77	57.68	54.71

## Event 14 Boys 14 Year Olds 200 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Tyler J Williams	14	SWAY	2:57.06
39.31	45.52	46.55	45.68

## Event 14 Boys 15 &amp; Over 200 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Carwyn Hancock	16	CAMY	2:40.19
35.75	39.63	42.43	42.38
2 Joseph Gorman	15	Aberystwyth	2:56.64
38.40	45.52	48.13	44.59
3 Aaron L Cobley	16	SWAY	3:20.10
45.83	51.95	52.70	49.62

## Event 15 Girls 10 Year Olds 100 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Libby R Hale	10	SWAY	1:32.42
43.64	48.78		
2 Elin Bowen	10	CAMY	1:42.97
46.74	56.23		
3 Isabel S Edwards	10	SWAY	1:59.31
51.58	1:07.73		

## Event 15 Girls 11 Year Olds 100 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Esyllt Jones	11	CAMY	1:19.24
36.73	42.51		
2 Victoria Horne	11	Flyers	1:26.93
37.98	48.95		
3 Rhian Thomas	11	Hsc	1:31.89
40.28	51.61		
4 Saoirse L Sears-neale	11	SWAY	1:37.10
45.70	51.40		
5 Fabiana Douglas	11	CAMY	1:40.22
44.09	56.13		
6 Holly Armstrong	11	Milford Tigers	1:40.56
44.34	56.22		
7 Medi Thomas	11	SWAY	1:42.43
42.88	59.55		
8 Seren Place	11	AMMY	1:43.21
47.48	55.73		
9 Grace Parkin	11	CEDY	1:43.59
48.54	55.05		
10 Sabrina Semaani	11	Hsc	1:47.46
47.53	59.93		
11 Sienna Holdsworth	11	CEDY	1:48.94
50.20	58.74		
12 Siriol H Jenkins	11	SWAY	1:49.04
49.61	59.43		
--- Ellie Green	11	Hsc	DQ
51.50	1:02.94		

## Event 15 Girls 12 Year Olds 100 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Gemma N Hale	12	SWAY	1:14.19
34.57	39.62		
2 Mia Cleave	12	CEDY	1:20.44
36.80	43.64		
3 Isabelle J David	12	SWAY	1:28.13
39.74	48.39		
4 Mali R Evans	12	SWAY	1:32.33
43.33	49.00		
5 Elan Mabbutt	12	Aberystwyth	1:33.05
43.91	49.14		
6 Nicole C Farcas	12	SWAY	1:35.47
44.20	51.27		
--- Grace Thomas	12	Milford Tigers	DQ
38.56	46.09		

## Event 16 Boys 10 Year Olds 100 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Noa E Jones	10	Aberystwyth	1:44.07
46.70	57.37		
2 Ben Morgan	10	Pembroke	1:45.53
48.99	56.54		

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**(Event 16 Boys 10 Year Olds 100 SC Meter Butterfly)**

Name	Age	Team	Finals Time
3 Sion Thomas	10	Hsc	1:57.26
	50.68	1:06.58	

**Event 16 Boys 11 Year Olds 100 SC Meter Butterfly**

Name	Age	Team	Finals Time
1 Sammy Montgomery	11	Hsc	1:32.13
	39.53	52.60	
2 Kaden S Diouf	11	SWAY	1:41.64
	43.96	57.68	
--- Ashton Reeves	11	Llanelli	DQ
	40.87	52.50	

**Event 16 Boys 12 Year Olds 100 SC Meter Butterfly**

Name	Age	Team	Finals Time
1 Dafydd Jones	12	CAMY	1:13.62
	33.56	40.06	
2 James Ardern	12	Tenby & District	1:15.19
	33.70	41.49	
3 Owen Fletcher	12	Hsc	1:23.58
	39.54	44.04	
4 Jack Morgan	12	Pembroke	1:30.91
	41.12	49.79	
5 Logan J Temple	12	SWAY	1:40.64
	42.90	57.74	
6 Aled Richards	12	CEDY	1:42.04
	46.64	55.40	
7 Taliesin Williams	12	AMMY	1:49.97
	47.63	1:02.34	

**Event 17 Girls 13 Year Olds 50 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 Bethan Bray	13	CEDY	38.15
2 Chloe Hale	13	Hsc	39.30
3 Nia T Owen	13	SWAY	39.35
4 Morgan L Turatto-Owen	13	SWAY	39.56
5 Madison A Thomas	13	NTVY	40.48
6 Ella Rush	13	AMMY	41.24
7 Lucy Phelps	13	CEDY	41.38
8 Sophie Moseley	13	Pembroke	42.65
9 Madison Bromham	13	SWAY	55.12

**Event 17 Girls 14 Year Olds 50 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 Holly-Ellice Jones	14	Aberystwyth	33.92
2 Verity R Hetherington	14	NTVY	37.08
3 Danielle E Brown	14	AMMY	39.73

**Event 17 Girls 15 & Over 50 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 Leanna Williams	16	Aberystwyth	34.66
2 Lucy Clack	15	CAMY	34.79
3 Danielle R Williams	16	SWAY	36.16
4 Seren Griffiths	15	Hsc	36.82
5 Georgia Lee	15	Pembroke	37.82
6 Sophie Jones	15	AMMY	38.03
7 Alaw Davies	16	Aberystwyth	38.32
8 Emily R Collins	15	SWAY	47.86

**Event 18 Boys 13 Year Olds 50 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 Harry Sparks	13	CAMY	37.42
2 Ioan Mabbutt	13	Aberystwyth	37.77

3 Joseph T Jones	13	NTVY	37.99
4 Corey B Williams	13	SWAY	38.96
5 Ethan Williams	13	Llanelli	39.68
6 Daniel Clifton Brown	13	Aberystwyth	42.45
7 Ioan Mutter	13	Pembroke	42.46
8 Ioan Evans	13	Aberystwyth	48.21
--- Travis Thomas	13	NTVY	DQ

**Event 18 Boys 14 Year Olds 50 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 Ioan Cressey-Rodgers	14	CAMY	33.92
2 Oliver North-Mullis	14	CAMY	34.17
3 Douglass Thornton	14	NEAY	34.24
4 Charlie Thomas	14	CEDY	35.46

**Event 18 Boys 15 & Over 50 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 Toby Sturley	15	Pembroke	29.94
2 Osian Williams	16	AMMY	30.71
3 Joseph Gorman	15	Aberystwyth	31.94
4 Arron Fitzsimmons	15	Pembroke	32.08
5 Luke Dunning	17	Llanelli	32.65
6 Aaron L Cobby	16	SWAY	35.34

**Event 19 Girls 10 Year Olds 400 SC Meter Freestyle**

Name	Age	Team	Finals Time
1 Libbie M Geach	10	SWAY	5:07.24
	34.05	38.21	38.24
	38.97	39.87	39.66
			38.95
2 Libby R Hale	10	SWAY	5:42.63
	37.80	42.97	44.38
	45.32	44.41	43.95
			39.07
3 Amber Richards	10	CEDY	6:57.99
	47.19	57.89	53.52
	51.65	53.55	52.64
			48.98
4 Annabelle Williams	10	Aberystwyth	7:14.92
	46.67	53.48	54.45
	56.10	56.41	56.26
			55.19
			56.36
5 Isabel S Edwards	10	SWAY	7:18.36
	48.82	56.36	58.84
	55.26	54.87	53.90
			53.77
6 Megan N O'Connell	10	NTVY	8:26.93
	54.27	1:03.86	1:05.85
	1:07.73	1:05.54	1:02.95
			1:07.40
			59.33

**Event 19 Girls 11 Year Olds 400 SC Meter Freestyle**

Name	Age	Team	Finals Time
1 Saoirse L Sears-neale	11	SWAY	5:42.49
	37.66	43.27	44.49
	44.45	43.72	44.34
			44.54
			40.02
2 Rhian Thomas	11	Hsc	5:44.39
	37.84	43.36	45.10
	43.86	44.02	44.60
			42.16
3 Medi Thomas	11	SWAY	5:55.02
	41.37	48.88	49.53
	50.25	51.13	47.86
			16.67
4 Maddison G Turatto-Owen	11	SWAY	6:16.83
	40.97	47.06	47.34
	49.19	49.25	49.23
			45.07
5 Megan Cooper	11	NEAY	6:18.59
	41.64	48.13	49.07
	49.66	49.49	48.56
			42.78

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**(Event 19 Girls 11 Year Olds 400 SC Meter Freestyle)**

Name	Age	Team	Finals Time	
6 Jazmine Hanna	11	Hsc	6:20.66	
			39.92	46.85
			50.91	49.22
			49.81	49.49
			49.62	44.84
7 Ann Page	11	AMMY	6:27.48	
			41.84	48.91
			49.16	49.73
			50.06	50.09
			1:37.69	
8 Sienna Holdsworth	11	CEDY	6:30.00	
			42.06	51.06
			50.10	49.47
			50.22	50.41
			49.17	47.51
9 Kessie E Owen	11	NTVY	6:32.43	
			43.79	50.82
			50.94	52.10
			51.37	50.74
			51.13	41.54
10 Anja L Bennett	11	NTVY	7:08.48	
			49.85	54.47
			55.10	55.68
			54.07	52.59
			55.88	50.84
11 Cerys E O'Connell	11	NTVY	7:42.87	
			48.52	57.24
			1:00.01	1:00.59
			1:02.11	59.91
			1:54.49	

**Event 19 Girls 12 Year Olds 400 SC Meter Freestyle**

Name	Age	Team	Finals Time	
1 Mia Cleave	12	CEDY	4:59.36	
			34.02	37.29
			38.15	38.57
			38.43	38.49
			38.64	35.77
2 Ella H Bissicks	12	CEDY	5:04.70	
			33.94	37.47
			38.72	39.04
			39.28	39.15
			39.40	37.70
3 Gemma N Hale	12	SWAY	5:11.01	
			34.55	38.00
			38.95	39.43
			40.17	40.36
			40.08	39.47
4 Katie Sullivan	12	CEDY	5:27.71	
			36.35	40.00
			41.36	41.50
			42.39	42.31
			42.82	40.98
5 Caitlin Brown	12	AMMY	5:30.27	
			38.13	42.07
			42.03	42.28
			42.04	42.30
			42.64	38.78
6 Hollie Williams	12	Llanelli	5:31.44	
			36.41	40.92
			42.54	42.34
			43.54	43.84
			41.74	40.11
7 Neve Marques-Jones	12	CEDY	5:32.26	
			37.43	41.54
			42.37	43.05
			43.13	42.62
			42.66	39.46
8 Annie R Owens	12	NTVY	5:36.66	
			37.18	41.77
			43.22	42.95
			42.67	43.52
			43.40	41.95
9 Tirion Sherman Higgs	12	Aberystwyth	5:46.06	
			38.34	43.62
			44.30	44.71
			44.33	45.14
			44.12	41.50
10 Kiera Tyrrell	12	CEDY	5:46.71	
			38.78	43.46
			43.39	43.99
			44.67	45.04
			45.98	41.40
11 Georgia Williams	12	NTVY	5:52.35	
			38.12	44.05
			45.36	45.41
			45.20	45.55
			45.51	43.15
12 Lily Peters	12	SWAY	6:12.18	
			41.43	46.28
			48.19	48.27
			47.58	48.72
			47.00	44.71
13 Freya A Scully	12	SWAY	6:13.75	
			39.12	46.31
			48.16	49.31
			48.47	48.83
			48.57	44.98

14 Carys Thompson	12	Pembroke	6:48.28	
			42.99	50.30
			51.93	51.86
			55.34	51.97
			52.71	51.18

**Event 20 Boys 10 Year Olds 400 SC Meter Freestyle**

Name	Age	Team	Finals Time	
1 Finley Bennett	10	Hsc	5:53.24	
			38.28	43.75
			44.75	45.74
			46.12	45.75
			46.45	42.40
2 Joshua Cleave	10	CEDY	5:57.99	
			41.57	44.79
			45.29	46.02
			45.90	46.11
			46.23	42.08
3 Ben Morgan	10	Pembroke	6:26.65	
			42.23	47.72
			48.95	50.65
			50.56	52.13
			50.13	44.28
4 Noa E Jones	10	Aberystwyth	6:26.82	
			42.66	50.34
			50.89	50.02
			50.55	51.87
			49.21	41.28
5 Noah Thomas	10	CEDY	6:31.81	
			43.03	48.92
			49.38	50.57
			50.68	50.47
			50.41	48.35
6 Austin L Sandford	10	Aberystwyth	6:51.66	
			44.93	51.97
			52.63	53.69
			53.94	52.56
			1:41.94	

**Event 20 Boys 11 Year Olds 400 SC Meter Freestyle**

Name	Age	Team	Finals Time	
1 Cai Miller	11	NEAY	6:05.09	
			41.64	46.49
			46.63	46.70
			46.47	46.91
			46.57	43.68
2 George O Price	11	SWAY	6:16.94	
			41.24	45.70
			47.82	47.48
			48.71	48.27
			48.95	48.77
3 Adam T Davies	11	NTVY	6:21.67	
			39.07	47.59
			50.18	48.66
			50.31	49.96
			48.64	47.26
4 William A Hedge	11	SWAY	6:47.73	
			45.19	51.99
			53.37	54.04
			53.80	53.38
			51.15	44.81

**Event 20 Boys 12 Year Olds 400 SC Meter Freestyle**

Name	Age	Team	Finals Time	
1 James Ardern	12	Tenby & District	5:07.22	
			33.48	37.18
			38.55	39.43
			39.53	39.89
			34.93	44.23
2 William J Vaughan	12	NTVY	5:22.26	
			33.39	40.02
			41.51	40.87
			41.80	42.42
			41.75	40.50
3 Huw Cressey-Rodgers	12	CAMY	5:30.03	
			35.33	40.35
			42.09	42.01
			42.46	43.52
			43.23	41.04
4 Jack Morgan	12	Pembroke	5:31.02	
			36.88	41.57
			42.57	42.64
			42.21	43.05
			42.87	39.23
5 Liam Upton-Boorman	12	CAMY	5:55.27	
			37.88	45.45
			44.88	46.16
			47.04	46.18
			45.22	42.46
6 Logan J Temple	12	SWAY	6:00.54	
			39.80	46.35
			1:34.91	44.70
			47.51	45.17
			42.10	
7 Zak W Beddows	12	NEAY	6:12.91	
			38.57	45.93
			47.99	47.16
			47.17	48.55
			49.18	48.36

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**(Event 20 Boys 12 Year Olds 400 SC Meter Freestyle)**

Name	Age	Team	Finals Time	
8 Joshua Barrett	12	Hsc	6:17.66	
	40.21	45.51	49.01	47.36
	49.41	49.16	50.25	46.75
9 Tomos Watts	12	CEDY	6:32.21	
	42.56	49.56	50.92	50.15
	50.79	51.40	50.33	46.50

**Event 21 Girls 13 Year Olds 200 SC Meter IM**

Name	Age	Team	Finals Time	
1 Emily Roberts	13	CAMY	2:44.96	
	35.49	44.39	44.94	40.14
2 Evie E Goddard	13	Hsc	2:48.13	
	38.44	43.60	48.52	37.57
3 Enfys Griffiths	13	Hsc	2:48.42	
	35.37	44.52	52.24	36.29
4 Lucy John	13	Hsc	2:52.27	
	38.46	42.75	52.69	38.37
5 Morgan L Turatto-Owen	13	SWAY	2:52.43	
	38.64	44.48	54.23	35.08
6 Ella Rush	13	AMMY	3:01.35	
	40.22	46.69	53.95	40.49
7 Chloe Hale	13	Hsc	3:01.98	
	40.40	46.59	51.93	43.06
8 Millie A Jones	13	AMMY	3:03.68	
	44.75	43.74	1:35.19	
9 Erin G Cundy	13	SWAY	3:05.11	
	43.07	48.08	53.78	40.18
10 Nia Trace	13	CEDY	3:07.62	
	41.20	48.88	55.63	41.91
11 Cerys Selby	13	CEDY	3:08.94	
	42.07	47.93	57.64	41.30
12 Arabella Thomas	13	AMMY	3:14.32	
	41.83	49.41	1:00.05	43.03
13 Madison A Thomas	13	NTVY	3:17.21	
	46.47	47.74	1:03.12	39.88
14 Lucy Phelps	13	CEDY	3:18.55	
	47.83	47.33	1:01.28	42.11
15 Sophie Southam	13	Llanelli	3:18.66	
	49.83	45.59	1:01.25	41.99
16 Nia T Owen	13	SWAY	3:18.68	
	46.93	49.24	1:00.13	42.38
17 Elisha D Lofredo	13	Llanelli	3:46.16	
	54.67	57.77	1:01.50	52.22

**Event 21 Girls 14 Year Olds 200 SC Meter IM**

Name	Age	Team	Finals Time	
1 Sophie Krol	14	Hsc	2:47.29	
	36.93	41.77	50.87	37.72
2 Rhianna Phillips	14	CAMY	2:48.11	
	38.40	43.82	48.10	37.79
3 Non Watts	14	CEDY	2:51.58	
	38.98	44.29	52.07	36.24
4 Lily Curtis	14	SWAY	3:02.26	
	40.10	48.61	52.66	40.89

**Event 21 Girls 15 & Over 200 SC Meter IM**

Name	Age	Team	Finals Time	
1 Mali Jones	18	Aberystwyth	2:38.67	
	35.67	41.54	46.61	34.85
2 Nia Conlon	16	CAMY	2:40.71	
	34.11	38.45	50.51	37.64

3 Anya Roberts	17	Llanelli	2:44.19	
	35.31	41.48	50.64	36.76
4 Leanna Williams	16	Aberystwyth	2:48.58	
	34.35	40.38	53.65	40.20
5 Jasmine Holdsworth	17	CEDY	2:48.71	
	36.16	43.74	50.53	38.28
6 Georgia Lee	15	Pembroke	2:52.67	
	38.32	43.53	51.22	39.60
7 Danielle R Williams	16	SWAY	2:54.23	
	38.46	43.29	53.29	39.19
8 Ilenia James	16	NTVY	3:02.22	
	40.74	47.75	52.26	41.47
9 Alaw Davies	16	Aberystwyth	3:04.60	
	41.00	47.49	54.59	41.52
--- Tamzin L Ord	15	AMMY	DQ	
	40.61	45.78	52.59	40.81

**Event 22 Boys 13 Year Olds 200 SC Meter IM**

Name	Age	Team	Finals Time	
1 Benjamin Hillary	13	Pembroke	2:39.68	
	34.45	39.28	49.34	36.61
2 Joseph T Jones	13	NTVY	2:55.32	
	40.82	42.59	54.42	37.49
3 Travis Thomas	13	NTVY	2:56.96	
	39.34	43.64	52.69	41.29
4 Ethan Williams	13	Llanelli	2:57.22	
	38.56	46.48	53.89	38.29
5 Corey B Williams	13	SWAY	3:00.44	
	38.80	47.64	54.62	39.38
6 Harry Sparks	13	CAMY	3:03.42	
	39.86	48.66	51.00	43.90
7 Ioan Mabbutt	13	Aberystwyth	3:05.46	
	41.96	45.74	57.64	40.12
8 Daniel Clifton Brown	13	Aberystwyth	3:16.72	
	39.96	51.02	1:04.13	41.61
9 Ioan Evans	13	Aberystwyth	3:30.06	
	49.07	57.31	58.21	45.47
10 Mabon Henry	13	Hsc	3:45.05	
	47.61	1:03.07	1:01.07	53.30

**Event 22 Boys 14 Year Olds 200 SC Meter IM**

Name	Age	Team	Finals Time	
1 Ioan Cressey-Rodgers	14	CAMY	2:35.75	
	34.18	39.76	46.98	34.83
2 Oliver North-Mullis	14	CAMY	2:40.29	
	33.61	40.52	49.89	36.27
3 Tyler J Williams	14	SWAY	2:45.27	
	36.76	42.57	46.72	39.22
4 Aled Conlon	14	CAMY	2:48.32	
	35.53	41.60	53.11	38.08
5 Noah Thomas	14	Llanelli	3:09.58	
	44.61	50.19	52.78	42.00

**Event 22 Boys 15 & Over 200 SC Meter IM**

Name	Age	Team	Finals Time	
1 Jack Southam	16	Llanelli	2:23.21	
	30.21	36.27	44.29	32.44
2 Charlie J Shiels	15	Pembroke	2:26.14	
	30.98	37.82	42.08	35.26
3 Osian Williams	16	AMMY	2:31.07	
	31.19	38.89	45.01	35.98
4 Joseph Gorman	15	Aberystwyth	2:34.16	
	33.48	39.51	47.30	33.87

**West Wales Sub Regional Competition 2019 - 22/11/2019 to 24/11/2019****Results - Sub Regionals 2019 - Warmup 11.00am****(Event 22 Boys 15 & Over 200 SC Meter IM)**

	<b>Name</b>		<b>AgeTeam</b>		<b>Finals Time</b>
5	Arron Fitzsimmons		15	Pembroke	2:35.17
	33.90	38.27		1:23.00	
6	Rhys Partridge		15	Llanelli	2:35.32
	34.39	40.19		46.60 34.14	
7	Jason Gibson		19	SUNY	2:49.38
	34.06	43.51		51.80 40.01	
---	Jacob Massey		16	Aberystwyth	DQ
	30.09	40.51		46.35 34.55	