

West Wales Sub Regional Competition 2019 - 22/11/2019 to 24/11/2019

Results - Sub Regionals 2019 - Warmup 2.15pm

Event 23 Boys 10 Year Olds 200 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Joshua Cleave	10	CEDY	2:50.89
	39.94	43.03	44.81 43.11
2 Noah Thomas	10	CEDY	3:01.17
	41.87	47.48	47.11 44.71
3 Sion Thomas	10	Hsc	3:03.24
	40.50	48.38	48.02 46.34
*4 Austin L Sandford	10	Aberystwyth	3:03.93
	41.81	49.38	49.14 43.60
*4 Ben Morgan	10	Pembroke	3:03.93
	41.17	47.20	48.69 46.87
6 Noa E Jones	10	Aberystwyth	3:08.33
	43.20	50.31	49.45 45.37
7 Sonny T Hetherington	10	NTVY	3:24.33
	42.79	51.65	56.27 53.62
8 Iestyn Carr	10	Aberystwyth	3:33.91
	48.28	1:51.26	54.37
9 Tom Bridger	10	Hsc	4:19.69
	50.56	1:05.98	1:11.78 1:11.37

Event 23 Boys 11 Year Olds 200 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Sebastian Sparks	11	CAMY	2:48.47
	38.46	44.40	45.09 40.52
2 George O Price	11	SWAY	2:57.19
	39.64	46.77	46.83 43.95
3 Cai Miller	11	NEAY	2:57.57
	41.34	46.34	46.59 43.30
4 George Griffiths	11	Hsc	2:58.84
	40.73	44.25	46.63 47.23
5 Osian D Richardson	11	SWAY	3:01.85
	40.02	48.33	49.03 44.47
6 Llyr Bowen	11	CAMY	3:02.47
	39.29	46.99	51.13 45.06
7 Daniel Griffin	11	CEDY	3:02.81
	42.27	49.36	49.21 41.97
8 Ashton Reeves	11	Llanelli	3:03.70
	39.95	46.87	50.10 46.78
9 Kaden S Diouf	11	SWAY	3:06.60
	40.13	48.97	49.39 48.11
10 Adam T Davies	11	NTVY	3:06.67
	40.43	48.34	49.61 48.29
11 Malachi Lyseight-Jones	11	Pembroke	3:11.54
	44.07	49.24	50.59 47.64
12 William A Hedge	11	SWAY	3:15.59
	44.48	51.06	51.88 48.17

Event 23 Boys 12 Year Olds 200 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Jack Morgan	12	Pembroke	2:36.46
	35.48	40.14	41.59 39.25
2 Zak W Beddows	12	NEAY	2:51.16
	37.06	43.82	45.98 44.30
3 Logan J Temple	12	SWAY	2:54.04
	36.98	1:30.77	46.29
--- William J Vaughan	12	NTVY	DQ
	32.47	38.78	40.05 37.36

Event 24 Girls 10 Year Olds 200 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Libby R Hale	10	SWAY	2:42.47
	36.53	41.99	43.45 40.50
2 Eryn Jones	10	CEDY	2:55.92
	38.57	43.13	45.95 48.27
3 Chloe Thomas	10	Flyers	3:15.89
	44.85	51.54	52.70 46.80
4 Amelia Welsby	10	Aberystwyth	3:21.05
	42.34	52.97	54.00 51.74
5 Megan N O'Connell	10	NTVY	3:57.60
	52.07	1:01.55	1:03.42 1:00.56
6 Ffion Philpott	10	Llanelli	4:10.95
	54.54	1:04.48	1:07.43 1:04.50

Event 24 Girls 11 Year Olds 200 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Victoria Horne	11	Flyers	2:38.23
	37.13	41.02	41.81 38.27
2 Rhian Thomas	11	Hsc	2:41.09
	35.47	42.11	42.89 40.62
3 Saoirse L Sears-neale	11	SWAY	2:42.72
	37.23	42.20	43.15 40.14
4 Abigail Hillary	11	Pembroke	2:43.80
	36.54	42.49	43.01 41.76
5 Caitlin E Thomas	11	SWAY	2:48.87
	37.44	45.16	46.81 39.46
6 Megan Cooper	11	NEAY	2:58.79
	39.62	45.52	48.28 45.37
7 Medi Thomas	11	SWAY	2:58.97
	41.31	47.11	48.21 42.34
8 Grace Parkin	11	CEDY	2:59.59
	40.57	45.90	49.49 43.63
9 Ann Page	11	AMMY	3:03.94
	41.53	47.77	48.68 45.96
10 Isabelle F Jacklin	11	NTVY	3:08.22
	42.19	46.82	48.60 50.61
11 Sienna Holdsworth	11	CEDY	3:13.88
	45.05	51.88	51.09 45.86
12 Lowri James-Evans	11	CAMY	3:19.54
	43.85	50.22	51.86 53.61
13 Anja L Bennett	11	NTVY	3:32.66
	48.43	54.59	56.66 52.98
14 Cerys E O'Connell	11	NTVY	3:38.29
	51.09	58.08	58.32 50.80

Event 24 Girls 12 Year Olds 200 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Ella H Bissicks	12	CEDY	2:27.82
	33.67	37.08	39.18 37.89
2 Grace Thomas	12	Milford Tigers	2:31.09
	34.63	39.00	40.02 37.44
3 Katie Sullivan	12	CEDY	2:31.49
	35.33	38.39	40.06 37.71
4 Maddy Sivak	12	SWAY	2:31.56
	35.95	39.06	39.53 37.02
5 Caitlin Brown	12	AMMY	2:37.76
	36.50	40.48	41.76 39.02
6 Neve Marques-Jones	12	CEDY	2:37.91
	36.22	40.61	42.20 38.88
7 Mali R Evans	12	SWAY	2:40.12
	36.08	40.91	42.92 40.21

West Wales Sub Regional Competition 2019 - 22/11/2019 to 24/11/2019

Results - Sub Regionals 2019 - Warmup 2.15pm

(Event 24 Girls 12 Year Olds 200 SC Meter Freestyle)

Name	Age	Team	Finals Time
8 Kiera Tyrrell	12	CEDY	2:41.49
38.02	42.15	42.56	38.76
9 Nicole C Farcas	12	SWAY	2:44.40
37.35	43.10	44.36	39.59
10 Darcy Griffiths	12	NEAY	2:44.97
35.87	40.64	44.41	44.05
11 Hollie Williams	12	Llanelli	2:45.46
37.20	43.16	44.29	40.81
12 Lily Peters	12	SWAY	2:47.94
38.45	44.14	44.30	41.05
13 Georgia Williams	12	NTVY	2:51.06
38.50	44.97	44.48	43.11
14 Thea Lloyd	12	NTVY	2:54.17
39.68	45.12	46.03	43.34
15 Freya A Scully	12	SWAY	2:56.08
39.62	45.32	46.78	44.36
16 Ellie R Phillips	12	Hsc	3:04.16
43.41	47.48	50.63	42.64
17 Cara Thorne	12	Llanelli	3:08.60
41.78	47.30	52.22	47.30
18 Chloe Beynon	12	Flyers	3:10.23
44.27	49.59	48.83	47.54
19 Fleur Lord	12	Pembroke	3:17.37
42.42	50.99	52.42	51.54
20 Megan E Jones	12	Aberystwyth	3:30.82
47.28	54.68	55.66	53.20

Event 25 Boys 13 Year Olds 200 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Travis Thomas	13	NTVY	2:45.08
39.12	41.81	42.98	41.17
2 Joseph T Jones	13	NTVY	2:52.06
40.88	43.85	44.36	42.97
3 Ethan Williams	13	Llanelli	2:58.15
42.03	45.39	46.18	44.55

Event 25 Boys 14 Year Olds 200 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Ioan Cressey-Rodgers	14	CAMY	2:31.51
35.91	38.83	38.62	38.15

Event 25 Boys 15 & Over 200 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Joseph Gorman	15	Aberystwyth	2:33.84
35.48	39.44	40.77	38.15
2 Aaron L Cobley	16	SWAY	2:46.33
40.60	44.04	42.86	38.83

Event 26 Girls 13 Year Olds 200 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Millie A Jones	13	AMMY	2:50.70
41.24	44.60	43.32	41.54
2 Evie E Goddard	13	Hsc	2:56.90
42.11	46.03	45.77	42.99
3 Bethan Bray	13	CEDY	2:57.67
41.26	45.25	47.14	44.02
4 Nia Trace	13	CEDY	3:01.45
41.02	48.56	47.84	44.03
5 Erin G Cundy	13	SWAY	3:02.84
42.35	46.76	48.48	45.25

6 Nia T Owen	13	SWAY	3:04.59
44.15	48.17	48.05	44.22
7 Cerys Selby	13	CEDY	3:04.75
45.05	46.38	47.78	45.54
8 Lucy Phelps	13	CEDY	3:05.36
44.46	47.11	47.89	45.90
9 Madison A Thomas	13	NTVY	3:11.16
43.86			
10 Elisha D Lofredo	13	Llanelli	3:36.52
51.86	55.62	55.48	53.56

Event 26 Girls 14 Year Olds 200 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Non Watts	14	CEDY	2:44.07
38.71	41.92	43.02	40.42

Event 26 Girls 15 & Over 200 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Nia Conlon	16	CAMY	2:32.99
35.64	38.96	40.24	38.15
2 Leanna Williams	16	Aberystwyth	2:39.94
35.56	40.14	42.78	41.46
3 Danielle R Williams	16	SWAY	2:47.15
40.59	42.56	42.24	41.76

Event 27 Boys 10 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Noa E Jones	10	Aberystwyth	42.42
2 Ben Morgan	10	Pembroke	45.96
3 Joshua Cleave	10	CEDY	46.76
4 Finley Saycell	10	Aberystwyth	46.95
5 Dylan F Lee	10	Pembroke	48.27
6 Sion Thomas	10	Hsc	48.29
7 Austin L Sandford	10	Aberystwyth	50.18
8 Thomas John	10	Hsc	50.24
9 Seb Semaani	10	Hsc	56.08
10 Daniel Barrett	10	Hsc	56.45
--- Iestyn Carr	10	Aberystwyth	DQ

Event 27 Boys 11 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Jack I Arnold	11	SWAY	35.51
2 Sebastian Sparks	11	CAMY	38.14
3 Mason Montague	11	Pembroke	40.30
4 Kaden S Diouf	11	SWAY	43.64
5 George O Price	11	SWAY	43.65
6 Osian D Richardson	11	SWAY	44.52
7 Llyr Bowen	11	CAMY	45.96
8 William A Hedge	11	SWAY	48.65
9 Cai Miller	11	NEAY	50.32
10 Charlie Thomas	11	CEDY	52.09
--- Ashton Reeves	11	Llanelli	DQ

Event 27 Boys 12 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Jack Morgan	12	Pembroke	41.46
2 Aled Richards	12	CEDY	44.07
3 Tomos Watts	12	CEDY	56.08

Event 28 Girls 10 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Eryn Jones	10	CEDY	43.87
2 Elin Bowen	10	CAMY	44.19
3 Carys Williams	10	CAMY	47.66

West Wales Sub Regional Competition 2019 - 22/11/2019 to 24/11/2019

Results - Sub Regionals 2019 - Warmup 2.15pm

(Event 28 Girls 10 Year Olds 50 SC Meter Butterfly)

Name	AgeTeam	Finals Time
4 Amelia Welsby	10 Aberystwyth	54.25
5 Keira Montague	10 Pembroke	54.33
6 Amber Richards	10 CEDY	58.77
7 Katie-Rose Phillips	10 NTVY	1:01.92
--- Chloe Thomas	10 Flyers	DQ

Event 28 Girls 11 Year Olds 50 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 Rhian Thomas	11 Hsc	40.01
2 Caitlin E Thomas	11 SWAY	40.05
3 Anastasia Thomas	11 AMMY	42.47
4 Jazmine Hanna	11 Hsc	42.64
5 Sabrina Semaani	11 Hsc	42.88
6 Maddison G Turatto-Owen	11 SWAY	44.24
7 Grace Parkin	11 CEDY	44.79
8 Lowri James-Evans	11 CAMY	45.57
9 Holly Armstrong	11 Milford Tigers	45.94
10 Siriol H Jenkins	11 SWAY	46.49
11 Kessie E Owen	11 NTVY	46.85
12 Lacey Griffiths	11 NEAY	48.07
13 Abigail Hillary	11 Pembroke	48.64
14 Isabelle F Jacklin	11 NTVY	49.08
15 Sienna Holdsworth	11 CEDY	49.63
--- Izzy Bartram	11 Flyers	DNF

Event 28 Girls 12 Year Olds 50 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 Mia Cleave	12 CEDY	34.89
2 Charlotte E Smart	12 SWAY	35.04
3 Ella H Bissicks	12 CEDY	35.23
4 Mali R Evans	12 SWAY	37.47
5 Saskia Webb	12 Pembroke	38.50
6 Tirion Sherman Higgs	12 Aberystwyth	39.55
7 Neve Marques-Jones	12 CEDY	40.62
8 Elan Mabbutt	12 Aberystwyth	41.19
9 Lily-May Welsby	12 Aberystwyth	41.43
10 Hollie Williams	12 Llanelli	41.86
11 Georgie Kovachev	12 Flyers	42.17
12 Darcy Griffiths	12 NEAY	42.26
13 Lily Peters	12 SWAY	42.93
14 Georgia Williams	12 NTVY	43.95
15 Ellie R Phillips	12 Hsc	44.19
16 Cara Thorne	12 Llanelli	48.58
17 Chloe Beynon	12 Flyers	48.91
18 Amelia Daniel	12 NEAY	50.65
19 Carys Thompson	12 Pembroke	50.71
20 Fleur Lord	12 Pembroke	53.03
21 Megan E Jones	12 Aberystwyth	54.35
--- Annie R Owens	12 NTVY	DQ
--- Molli-Ellen Cousins	12 NEAY	DQ

Event 29 Boys 13 Year Olds 100 SC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Harry Sparks	13 CAMY	1:28.65
41.76	46.89	
2 Travis Thomas	13 NTVY	1:34.47
44.81	49.66	
3 Ioan Mabbutt	13 Aberystwyth	1:35.51
45.06	50.45	
4 Corey B Williams	13 SWAY	1:41.22
47.82	53.40	

--- Ioan Evans	13 Aberystwyth	DQ
46.25	49.70	

Event 29 Boys 14 Year Olds 100 SC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Tyler J Williams	14 SWAY	1:20.08
38.16	41.92	
2 Steffan Bridger	14 Hsc	1:38.57
45.98	52.59	
3 Noah Thomas	14 Llanelli	1:40.00

Event 29 Boys 15 & Over 100 SC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Rhys Partridge	15 Llanelli	1:19.56
38.26	41.30	
2 Joseph Gorman	15 Aberystwyth	1:20.66
38.79	41.87	
3 Rafael Richards-Parssa Nyko	16 SWAY	1:33.17
41.95	51.22	

Event 30 Girls 13 Year Olds 100 SC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Holly-Jane Callen	13 Pembroke	1:30.13
43.26	46.87	
2 Chloe Hale	13 Hsc	1:30.88
43.20	47.68	
3 Enfyf Griffiths	13 Hsc	1:31.20
43.30	47.90	
4 Lucy John	13 Hsc	1:33.11
44.60	48.51	
5 Eleanor Fuller	13 CAMY	1:37.62
46.31	51.31	
6 Madison A Thomas	13 NTVY	1:50.11
51.28	58.83	
7 Nia T Owen	13 SWAY	1:50.78
51.69	59.09	
8 Elisha D Lofredo	13 Llanelli	1:52.65
51.81	1:00.84	
9 Sophie Southam	13 Llanelli	1:55.53
54.30	1:01.23	
10 Madison Bromham	13 SWAY	2:43.93
1:17.42	1:26.51	
--- Dempsey James	13 NEAY	DQ
47.50	50.14	

Event 30 Girls 14 Year Olds 100 SC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Freya M Thapa	14 Aberystwyth	1:20.75
37.34	43.41	
2 Amy V White	14 Hsc	1:24.71
40.45	44.26	
3 Rhianna Phillips	14 CAMY	1:26.15
40.37	45.78	
4 Holly-Ellice Jones	14 Aberystwyth	1:26.67
40.57	46.10	
5 Non Watts	14 CEDY	1:28.90
42.58	46.32	
6 Lily Curtis	14 SWAY	1:36.34
45.56	50.78	

Event 30 Girls 15 & Over 100 SC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Leanna Williams	16 Aberystwyth	1:31.46
41.99	49.47	

West Wales Sub Regional Competition 2019 - 22/11/2019 to 24/11/2019

Results - Sub Regionals 2019 - Warmup 2.15pm

(Event 30 Girls 15 & Over 100 SC Meter Breaststroke)

Name	Age	Team	Finals Time
2 Sophie Jones	15	AMMY	1:32.71
44.41	48.30		
3 Charlotte E Howells	16	SWAY	1:34.08
42.29	51.79		
4 Alaw Davies	16	Aberystwyth	1:36.11
45.29	50.82		
5 Ilenia James	16	NTVY	1:37.60
47.66	49.94		
6 Briony Bennett	15	Hsc	1:38.85
45.34	53.51		
7 Emily R Collins	15	SWAY	1:55.38
56.02	59.36		

Event 31 Boys 10 Year Olds 400 SC Meter IM

Name	Age	Team	Finals Time
--- Ben Morgan	10	Pembroke	DQ
50.13	1:01.13	57.85	58.25
1:06.71	1:05.23	49.87	47.41

Event 31 Boys 11 Year Olds 400 SC Meter IM

Name	Age	Team	Finals Time
--- George O Price	11	SWAY	DQ
48.83	1:00.74	54.11	53.86
1:03.34	1:02.03	45.83	45.41

Event 31 Boys 12 Year Olds 400 SC Meter IM

Name	Age	Team	Finals Time
1 Owen Fletcher	12	Hsc	6:16.61
39.31	50.46	49.45	49.42
51.42	51.88	43.03	41.64
2 Liam Upton-Boorman	12	CAMY	6:31.50
41.86	53.43	47.94	47.84
58.97	56.30	43.31	41.85
3 Jack Morgan	12	Pembroke	6:32.27
44.20	51.55	50.40	51.02
58.07	58.05	40.99	37.99
4 Huw Cressey-Rodgers	12	CAMY	6:33.46
43.39	52.40	50.42	50.21
55.71	56.38	43.36	41.59

Event 32 Girls 10 Year Olds 400 SC Meter IM

Name	Age	Team	Finals Time
1 Libbie M Geach	10	SWAY	6:00.19
36.80	44.55	45.34	45.92
54.93	56.34	38.77	37.54
2 Libby R Hale	10	SWAY	6:36.30
43.69	54.61	48.92	49.38
57.57	57.13	42.73	42.27
3 Marys E Williams	10	SWAY	7:01.68
49.68	59.50	54.15	50.81
1:01.49	58.60	44.17	43.28

Event 32 Girls 11 Year Olds 400 SC Meter IM

Name	Age	Team	Finals Time
1 Saoirse L Sears-neale	11	SWAY	6:47.75
48.72	57.80	49.58	51.20
58.48	58.75	42.23	40.99
2 Maddison G Turatto-Owen	11	SWAY	7:00.08
47.57	58.94	53.49	52.16
57.12	57.92	47.34	45.54

3 Seren Place	11	AMMY	7:15.61
48.34	1:02.30	54.39	54.47
1:00.95	1:03.69	47.38	44.09

Event 32 Girls 12 Year Olds 400 SC Meter IM

Name	Age	Team	Finals Time
1 Amy A Knowles	12	Hsc	5:40.70
33.95	40.50	42.75	42.69
51.27	51.39	39.71	38.44
2 Gemma N Hale	12	SWAY	5:45.88
35.64	42.08	44.85	45.90
47.51	50.03	40.82	39.05
3 Charlotte E Smart	12	SWAY	5:57.83
38.32	44.76	44.25	45.75
54.33	54.02	38.79	37.61
4 Isabelle J David	12	SWAY	6:16.75
39.50	48.63	47.37	46.78
52.60	58.11	42.35	41.41
5 Annie R Owens	12	NTVY	6:35.73
43.81	52.02	49.01	49.60
59.45	59.94	41.67	40.23
6 Tirion Sherman Higgs	12	Aberystwyth	6:38.49
40.97	52.36	48.01	48.75
58.94	57.62	45.97	45.87
7 Thea Lloyd	12	NTVY	6:49.39
46.21	57.08	50.38	51.73
54.06	55.24	47.67	47.02
8 Freya A Scully	12	SWAY	6:55.39
44.66	59.07	52.10	51.78
57.23	59.16	47.78	43.61