

Category	Trophy	Recipient 2014	Recipient 2015	Recipient 2016
Best 8 and under girl	Rosemary Brown Trophy	Caera Lewis	Marilla Evans	Abigail Hillary
Best 8 and under boy	Zilla Jackson Trophy	Ben Hillary	Aneurin Lee	Tyler Harts
Most promising girl	Thea Bigland Trophy	Katie David	Rebecca Evans	Megan Cole
Most promising boy	PPP Trophy	Lewys Kettle	Charlie Shiels	Ioan Mutter
Best 9 year old girl	Bunker Perpetual Shield	Nell Evans	Caera Lewis	Marilla Evans
Best 9 year old Boy	Ben Thomas cup	Morgan Williams	Benjamin Hillary	Aneurin Lee
Best 10 year old girl	Amy Phillips Plate	Lucy Rogers	Fern Cumine	Gracie Rogers
Best 10 year old boy	David Thompson Cup	Jake Edwards	Morgan Williams	Benjamin Hillary
Most promising Junior I/Medley swimmer	*Carys Thomas Trophey	Marilla Evans	Arron Fitzsimmons	Freddie Wilson
Best 11 and under girl	Simmonds Cup	Alice Sloan	Lucy Rogers	Caera Lewis
Best 11 and under boy	NatWest Trophy	Charlie Shiels	Toby Sturley	Harry Llwellyn
Best 12 year old boy	Robert Shapcott Trophy	Ben Omnet	Owyn Griffiths	Toby Sturley
Best 12 year old girl	Newton Scale Trophy	Abigayle Williams	Bethan Jones	Lucy Rogers
Most outstanding 14 year old	Trustee Savings Bank Trophy	Colm Tobin	Curtis Palmer	Abigayle Williams
Most outstanding senior	Govan Davies Trophy	Jonathan Orchard	Jonathan Orchard	Abbie Williams
Most improved	Gillian Gowing Trophy	Nia Williams	Georgia Lee	Hannah Greenwood
Application	*Paul Casey Trophy	Ella Townsend	Freddie Wilson	Jessica Morris
Service to club	Peter Lamplarne Trophy	Tanya Rogers	Fay Omnet	Alanna Sturley
Top performing junior swimmer at West Wales Championships	The late Anne Day Trophy	Lauren Omnet 50 pts	Charlie Shiels 27 pts	Charlie Shiels 110 pts
Top performing senior swimmer at West Wales Championships	The late Joan Chiltern Trophy	Colm Tobin 84pts	Alice Sloan 106 pts	Abigayle Williams 163pts*
Top performing swimmer at the County Championships	Pembroke Town Council	Abigayle Williams 104 pts	Charlie Shiels 111 pts	Toby Sturley 83 pts
Best 16/u	Simon Perpetual Trophy	Nyle Lewis	Nyle Lewis	Bethan Jones
Swimmer of the Year	John Trophy	David Radmore	Daniel Thomas	Arron Fitzsimmons
* Carys Thomas trophy awarded to the best potential junior medley swimmer below the county standard	* Paul Casey Trophey awarded to a swimmer who gives their best but may not receive any rewards for their hard work	<b>Special Award this year only to Mrs Dorathy Morgan</b>		<i>*Bethan Jones 2nd 161pts</i>