

Times as @ 11th February 2020

All long course times converted to SC

County Performance/County National

1	Toby Sturley
2	Rhys Davies
3	
4	
5	
6	
7	
8	

		LC	LC	SC	SC	Best
	Gold Squad					
	<i>Working towards Welsh Qual.</i>	200 fc	200im	200 fc	200im	combined
1	Daniel Thomas	2.09/2.07	2.22/2.20	2.05	2.19	4.24
2	Arno Turner			2.1	2.21	4.31
3	Charlie Shiels	2.17/2.15	2.32/2.30	2.11	2.22	4.33
4	Arron Fitzsimmons	2.23/2.21	2.39/2.37	2.16	2.33	4.49
5	Benjamin Hillary	3.06/3.04	3.36/3.38	2.2	2.33	4.53
6	Lewis Kettle	3.03/3.01	3.01/2.59	2.27	2.42	5.09
7	Georgia Lee		3.04/3.02	2.31	2.47	5.18
8						
9						
10						
11						
	Silver Squad					
	<i>Working towards Stage 9/10</i>	200 fc	200im	200 fc	200im	combined
1	Holly-Jane Callen	3.13/3.11	3.01/2.59	2.37	2.56	5.33
2	Jack Morgan	3/2.58	3.33/3.31	2.36	3.02	5.38
3	Ioan Mutter	3/2.58		2.39	3.07	5.46
4	Leah Carroll			2.39	3.07	5.46
5	Abigail Thomas	2.50/2.48	3.32/3.30	2.39	3.08	5.47
6	Abigail Hillary			2.43	3.15	5.58
7	Mason Montague	3.34/3.32		2.54	3.08	6.02
8	Daniel Twynham			2.38	3.34	6.12
9	Sophie Moseley Link Friday	3.18/3.16	3.48/3.46	3.03	3.31	6.34
10	Carys Thompson Link Friday	3.19/3.17	3.56/3.54	3.1	3.27	6.37
11						
12						
13						

	Bronze Squad	LC	LC	SC	SC	Best
	<i>Working towards Stage 8/9</i>	200 fc	200im	200 fc	200im	combined
1	Leon Twynham			2.43	3.46	6.29
2	Aneurin Lee			3.01	3.3	6.31
3	Ben Morgan	3.31/3.29	4.23/4.21	2.59	3.31	6.2
4	Sophie Moseley Link Friday	3.18/3.16	3.48/3.46	3.03	3.31	6.34
5	Carys Thompson Link Friday	3.19/3.17	3.56/3.54	3.1	3.25	6.35
6	Amelie Hounsell			3.04	3.39	6.43
7	Keira Bruce			3.12	3.33	6.45
8	Skye Bruce			3.14	3.42	6.56
9	Alice Oliver			3.08	3.52	7
10	Aria Evans			3.15	3.47	7.02
11	Molly Jones			3.28	3.38	7.06
12	Fleur Lord			3.17	3.5	7.07
13	Dylan Lee			3.32	3.52	7.24
14	James Townsend			3.11	4.24	7.35
15	Keira Montague			3.54	4.1	8.04
16	Rosie Oliver			3.49	4.16	8.05
17	Freya Thompson			4.13	4.26	8.39
18	Malachi Lysight-Jones			3.1		
19	Cerys Griffiths			3.27		
20	Toby Harris			3.38		
21	Ben Evans			3.49		
22						
23						
24						
25						
26						
27						
	<i>Masters</i>					
1	David Thompson					
2	Francis Bunker					
3	Ann Bunker					
4	Conner James					
5	Cerys John					
6	Ella Townsend					
6	Wayne Callen					
7	Lee Thompson					
8						

	Water Dragons Max club capacity	LC	LC	SC	SC	Best
	<i>Working towards Stage 7/8</i>	200 fc	200im	200 fc	200im	combined
1	Cai Jones			3.39	4.39	8.18
2	Iori Evans			4.08	4.32	8.4
3	cai Johnson			3.53	4.47	8.4
4	Martha Lee			4.08	4.34	8.42
5	Annabel John			3.59		
6	Cory Shelmerdine			4.13		
7	William Pugh			4.11		
8	Indya Lysight-Jones			3.51		
9	Mati Davies			4.1		
10	Hannah Clifford			4.38		
11	Elijah Adams			4.57		
12	Chloe John			5.02		
13	Ella Howell			5.19		
14	Emily Moseley			4.36		
15	Florence Buckley			5.28		
16	James Harris					
17	Stephanie Voyle			4.57		
18	Phillip Twynham			4.06		
19	Charlie Hackett					
20	Lily Adams					
21	Nia Price					
22	Zoe Gray					
23	Julia Ostrowsky					
24	Imogen Gray					
25	Rebekah John					
26	Andrea Stringer?					
27	Jamie Cook (8)					
28	Freya Cook (10)					
29	Gracie Howlin					
30	Harry Peniket?					
31	Lexi Prime					
32	George Prime					
33	Ffion Vance					
34	Orla Maulio-Martino*1					
35	Lowys Maulio-Martino*1					
36	Alfie Wiffen-Mathias*1					

*1 4 week trial from (7th Feb 2020)