

Times as @14th may 2019

All long course times converted to SC

County Performance/County National

1	Toby Sturley
2	Rhys Davies
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5	
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		LC	LC	SC	SC	Best
	Gold Squad					
	<i>Working towards Welsh Qual.</i>	200 fc	200im	200 fc	200im	combined
1	Daniel Thomas	2.09/2.07	2.22/2.20	2.05	2.19	4.24
2	Rowan Kettle	2.30/2.28	2.48/2.46	2.1	2.32	4.42
3	Charlie Shiels	2.17/2.15	2.32/2.30	2.11	2.22	4.33
4	Arron Fitzsimmons	2.23/2.21	2.39/2.37	2.18	2.35	4.53
5	Jayden Keane	2.26/2.24	2.46/2.44	2.19	2.37	4.56
6	Hannah Greenwood	2.36/2.34	3.17/3.15	2.27	2.44	5.11
7	Lewis Kettle	3.03/3.01	3.01/2.59	2.27	2.46	5.13
8	Benjamin Hillary	3.06/3.04	3.36/3.38	2.3	2.55	5.25
9	Georgia Lee		3.04/3.02	2.38	3.02	5.4
10						
11						
	Silver Squad					
	<i>Working towards Stage 9/10</i>	200 fc	200im	200 fc	200im	combined
1	Holly-Jane Callen	3.13/3.11	3.01/2.59	2.37	2.56	5.33
2	Megan Cole		4.12/4.10	2.42	3.12	5.54
3	Abigail Thomas	2.50/2.48	3.32/3.30	2.43	3.08	5.51
4	Leah Carroll			2.43	3.09	5.52
5	Ffion Moses				2.51	
6	Jack Morgan	3/2.58	3.33/3.31	2.59	3.16	6.15
7	Abigail Hillary <i>link thur&Friday</i>			3.05	xx	
8	Ioan Mutter Link Friday	3/2.58		2.53	3.46	6.39
9	Sophie Moseley Link Friday	3.18/3.16	3.48/3.46	3.07	3.34	6.41
10	Carys Thompson Link Friday	3.19/3.17	3.56/3.54	3.14	3.45	6.59
11						
12						
13						

	Bronze Squad	LC	LC	SC	SC	Best
	<i>Working towards Stage 8/9</i>	200 fc	200im	200 fc	200im	combined
1	Marilla Evans <i>linked to bronze</i>			2.58	3.25	6.23
2	Abigail Hillary <i>link thur&Friday</i>			3.05	xx	
3	Daniel Twynham			2.53	3.34	6.27
4	Ioan Mutter Link Friday	3/2.58		2.53	3.46	6.39
5	Sophie Moseley Link Friday	3.18/3.16	3.48/3.46	3.07	3.31	6.38
6	Leon Twynham			2.56	3.46	6.42
7	Callum Keane	3.18/3.16	3.40/3.38	3.11	3.27	6.38
8	Aneurin Lee			3.26	3.3	6.56
9	Carys Thompson Link Friday	3.19/3.17	3.56/3.54	3.14	3.45	6.59
10	James Townsend			3.11	4.24	7.35
11	Alice Oliver			3.36	4.06	7.42
12	Molly Jones			4.05	3.38	7.43
13	Dylan Lee			3.36	4.1	7.46
14	Ben Morgan	3.31/3.29	4.23/4.21	3.33	3.47	7.2
15	Fred Morris			3.32	4.22	7.54
16	Aria Evans			3.49	4.19	8.08
17	Amelie Hounsell			3.55	4.25	8.1
18	Saskia Webb			2.54		
19	Mylia Webb				4.4	
20	GiGi Hechter					
21	Mason Montague	3.34/3.32		3.41	3.37	7.18
22						
23						
24						
	<i>Masters</i>					
1	David Thompson					
2	Francis Bunker					
3	Ann Bunker					
4	Conner James					
5	Cerys John					
6	Ella Townsend					
6	Sarah Hicks					
7						

	Water Dragons Max club capacity	LC	LC	SC	SC	Best
	<i>Working towards Stage 7/8</i>	200 fc	200im	200 fc	200im	combined
1						
2	Hazel Lister			3.56	4.09	8.05
3	Fleur Lord			3.37	4	7.37
4	Ewan Sture			3.56	4.22	8.18
5	Cai Jones			4.01	4.39	8.4
6	cai Johnson			3.58	4.47	8.45
7	Malachi Lysight-Jones			3.25		
8	Martha Lee			4.3	4.34	9.04
9	Cerys Griffiths			3.43		
10	Toby Harris			4.03		
11	Freya Thompson			4.14		
12	Skye Bruce			4.14		
13	Rosie Oliver			4.19		
14	Cory Shelmerdine			4.33		
15	Emily Moseley			5.52		
16	Ben Evans					
17	Evie Bratcher					
18	James Harris					
19	Carys Kenniford					
20	Keira Bruce					
21	Annabel John					
22	Keira Montague			4.28		
23	Stephanie Voyle					
24	Ella Howell					
25	Phillip Twynham					
26	William Pugh					
27	Indya Lysight-Jones					
28	Charlie Hackett					
29	Florence Buckley					
30	Lily Adams					
31	Elijah Adams					
32	Iori Evans					
33	Nia Price					
34	Hannah Clifford					
35	Mati Davies					
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