

Times as @ 29th January 2019

All long course times converted to SC

County Performance/County National

1	Toby Sturley
2	Lauren Omnet
3	Caera Lewis
4	Rhys Davies
5	
6	
7	
8	

		LC	LC	SC	SC	Best
	Gold Squad					
	<i>Working towards Welsh Qual.</i>	200 fc	200im	200 fc	200im	combined
1	Daniel Thomas	2.09/2.07	2.22/2.20	2.05	2.19	4.24
2	Rowan Kettle	2.30/2.28	2.48/2.46	2.1	2.32	4.42
3	Charlie Shiels	2.17/2.15	2.32/2.30	5.13	2.3	4.43
4	Arron Fitzsimmons	2.23/2.21	2.39/2.37	2.18	2.35	4.53
5	Jayden Keane	2.26/2.24	2.46/2.44	2.22	2.43	5.05
6	Hannah Greenwood	2.36/2.34	3.17/3.15	2.27	2.44	5.11
7	Lewis Kettle	3.03/3.01	3.01/2.59	2.27	2.46	5.13
8	Benjamin Hillary	3.06/3.04	3.36/3.38	2.3	2.55	5.25
9	Jessica Morris			2.46	2.56	5.42
10	Georgia Lee		3.04/3.02	2.38	3.02	5.4
11						
	Silver Squad					
	<i>Working towards Stage 9/10</i>	200 fc	200im	200 fc	200im	combined
1	Holly-Jane Callen	3.13/3.11	3.01/2.59	2.37	2.56	5.33
2	Megan Cole		4.12/4.10	2.42	3.12	5.54
3	Abigail Thomas	2.50/2.48	3.32/3.30	2.52	3.1	5.58
4	Marilla Evans			2.58	3.25	6.23
5	Leah Carroll			2.43	3.48	6.31
6	Ffion Moses					
7	Jack Morgan link thur&Friday	3/2.58	3.33/3.31	2.59	3.33	6.29
8	Abigail Hillary link thur&Friday			3.05	xx	
9						
10						
11						
12						
13						

	Water Dragons Max club capacity	LC	LC	SC	SC	Best
	<i>Working towards Stage 7/8</i>	200 fc	200im	200 fc	200im	combined
1	Alice Oliver			3.36	4.06	7.42
2	Kaci Lee Watkins			4.16	3.46	8.02
3	Hazel Lister			3.56	4.09	8.05
4	Aria Evans			3.49	4.19	8.08
5	Amelia Hounsell			3.55	4.25	8.1
6	Fleur Lord			3.48	4.48	8.36
7	Ewan Sture			3.56	4.31	8.37
8	Cai Jones			4.01	4.39	8.4
9	cai Johnson			3.58	4.47	8.45
10	Niamh Evans			4.11	4.48	8.59
11	Malachi Lysight-Jones			3.38		
12	Mason Montague	3.34/3.32		3.41		
13	Cerys Griffiths			3.43		
14	Toby Harris			4.03		
15	Freya Thompson			4.14		
16	Skye Bruce			4.14		
17	Rosie Oliver			4.19		
18	Rebecca Mason			4.23		
19	Martha Lee			4.3		
20	Cory Shelmerdine			4.33		
21	Emily Moseley			5.52		
22	Ben Evans					
23	Evie Bratcher					
24	James Harris					
25	Carys Kenniford					
26	Keira Bruce					
27	Annabel John					
28	Keira Montague					
29	Stephanie Voyle					
30	Ella Howell					
31	Phillip Twynham					
32	William Pugh					
33	Indya Lysight-Jones					
34	Bethany Kenniford					
35	Charlie ?					
36	Florence Buckley					
37	Gi Gi Hechter					
38	Lily Adams					
39						
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41						
42						

Bold Print are on 4 week trial