

PEMBROKE & DISTRICT AMATEUR SWIMMING CLUB

SWIMMING RECORD TIMES

Annual Winter Championships as @ 15th December 2017

| | | | |
|---------------------------|---------|------|-------------------|
| 1 Girls 200 Free | 2.09.10 | 2011 | Carys Thomas |
| 2 Boys 200 Free | 2.02.31 | 2014 | Jonathan Orchard |
| 3 Girls 7&U 100 IM | 1:54.45 | 1988 | Julie Goforth |
| 4 Boys 7&U 100 IM | 1:47.26 | 1990 | David Thompson |
| 5 Girls 8-9 100 IM | 1:30.67 | 2015 | Caera Lewis |
| 6 Boys 8-9 100 IM | 1:25.65 | 1992 | David Thompson |
| 7 Girls 10-11 100 IM | 1.18.22 | 2014 | Alice Sloan |
| 8 Boys 10-11 100 IM | 1:16.12 | 2010 | Sion Bevan |
| 9 Girls 12-13 100 IM | 1:10.75 | 2017 | Charlotte Whalley |
| 10 Boys 12-13 100 IM | 1:09.83 | 2014 | Curtis Palmer |
| 11 Girls 14-15 100 IM | 1.08.55 | 2011 | Carys Thomas |
| 12 Boys 14-15 100 IM | 1.05.02 | 2011 | Michael Hire |
| 13 Girls 16&O 100 IM | 1.10.96 | 2013 | Carys Thomas |
| 14 Boys 16&O 100 IM | 1:02.45 | 2006 | David Thompson |
| 15 Girls 7&U 25 Fly | 24.57 | 1988 | Julie Goforth |
| 16 Boys 7&U 25 Fly | 22.25 | 1993 | Richard Hughes |
| 17 Girls 8-9 25 Fly | 18.00 | 2015 | Caera Lewis |
| 18 Boys 8-9 25 Fly | 17.67 | 1992 | David Thompson |
| 19 Girls 10-11 50 Fly | 34.69 | 2014 | Alice Sloan |
| 20 Boys 10-11 50 Fly | 35.26 | 2010 | Sion Bevan |
| 21 Girls 12-13 100 Fly | 1.09.68 | 2016 | Bethan Jones |
| 22 Boys 12-13 100 Fly | 1:06.95 | 2010 | Daniel Thomas |
| 23 Girls 14-15 100 Fly | 1.08.37 | 2011 | Carys Thomas |
| 24 Boys 14-15 100 Fly | 1.04.77 | 2011 | Daniel Thomas |
| 25 Girls 16&O 100 Fly | 1.08.46 | 2013 | Carys Thomas |
| 26 Boys 16&O 100 Fly | 59.87 | 2015 | Jonathan Orchard |
| 27 Girls 7&U 25 Back | 23.87 | 1991 | Lucy Hatton |
| 28 Boys 7&U 25 Back | 22.36 | 1992 | Steven Jones |
| 29 Girls 8-9 25 Back | 19.32 | 2015 | Caera Lewis |
| 30 Boys 8-9 25 Back | 18.59 | 1992 | David Thompson |
| 31 Girls 10-11 50 Back | 36.86 | 2014 | Alice Sloan |
| 32 Boys 10-11 50 Back | 35.09 | 2010 | Sion Bevan |
| 33 Girls 12-13 100 Back | 1:10.42 | 2010 | Carys Thomas |
| 34 Boys 12-13 100 Back | 1:07.81 | 2014 | Curtis Palmer |
| 35 Girls 14-15 100 Back | 1.09.78 | 2012 | Carys Thomas |
| 36 Boys 14-15 100 Back | 1.02.00 | 2012 | Jonathan Orchard |
| 37 Girls 16&O 100 Back | 1.07.58 | 2013 | Carys Thomas |
| 38 Boys 16&O 100 Back | 1.00.99 | 2014 | Jonathan Orchard |
| 39 Girls 7&U 25 Breast | 25.60 | 1980 | Shirley Cole |
| 40 Boys 7&U 25 Breast | 25.84 | 1990 | David Thompson |
| 41 Girls 8-9 25 Breast | 22.09 | 2015 | Caera Lewis |
| 42 Boys 8-9 25 Breast | 20.73 | 1991 | Huw Day |
| 43 Girls 10-11 50 Breast | 40.66 | 2014 | Alice Sloan |
| 44 Boys 10-11 50 Breast | 37.96 | 2010 | Sion Bevan |
| 45 Girls 12-13 100 Breast | 1:19.84 | 2010 | Carys Thomas |
| 46 Boys 12-13 100 Breast | 1:19.50 | 2014 | Curtis Palmer |
| 47 Girls 14-15 100 Breast | 1.19.46 | 2012 | Carys Thomas |
| 48 Boys 14-15 100 Breast | 1:14.22 | 2014 | Nyle Lewis |
| 49 Girls 16&O 100 Breast | 1.18.98 | 2013 | Carys Thomas |
| 50 Boys 16&O 100 Breast | 1.09.95 | 2006 | David Thompson |

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|----|----------------------|---------|------|------------------|
| 51 | Girls 7&U 25 Free | 20.37 | 1988 | Julie Goforth |
| 52 | Boys 7&U 25 Free | 18.92 | 1990 | David Thomson |
| 53 | Girls 8-9 25 Free | 16.91 | 2015 | Caera Lewis |
| 54 | Boys 8-9 25 Free | 16.24 | 1992 | David Thompson |
| 55 | Girls 10-11 50 Free | 32.31 | 2014 | Alice Sloan |
| 56 | Boys 10-11 50 Free | 30.45 | 2012 | Curtis Palmer |
| 57 | Girls 12-13 100 Free | 1:03.00 | 2010 | Carys Thomas |
| 58 | Boys 12-13 100 Free | 1:00.02 | 2014 | Curtis Palmer |
| 59 | Girls 14-15 100 Free | 1:02.40 | 2011 | Carys Thomas |
| 60 | Boys 14-15 100 Free | 57.65 | 2012 | Jonathan Orchard |
| 61 | Girls 16&O 100 Free | 1:02.32 | 2013 | Carys Thomas |
| 62 | Boys 16&O 100 Free | 54.83 | 2014 | Jonathan Orchard |

Summer Distance Championships as @ 21st July 2017

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|------------------------|---------|------------------------|--------------------------------|
| 200m Individual Medley | | Girls | Boys |
| 8/under | 3.50.16 | 2014 Caera Lewis | 3.22.06 1991 David Thompson |
| 9 years | 3.14.94 | 2012 Alice Sloan | 3.06.48 1992 David Thompson |
| 10 years | 3.00.42 | 2013 Alice Sloan | 2.57.41 1993 David Thompson |
| 400m Individual Medley | | | |
| 11years | 5.50.53 | 2014 Alice Sloan | 5.54.58 2010 Sion Bevan |
| 12 years | 5.34.33 | 2010 Isabelle Davies | 5.41.28 2013 Curtis Palmer |
| 13 years | 5.10.29 | 2010 Carys Thomas | 5.17.52 2010 Daniel Thomas |
| 14 years | 5.19.31 | 2016 Abigayle Williams | 5.03.00 2011 Daniel Thomas |
| 15 years | 5.30.38 | 2014 Isabelle Davies | 4.59.89 2010 Ross Sutton |
| 11/Over | 5.01.81 | 2014 Carys Thomas | 4.51.93 2011 Ross Sutton |
| 200m Freestyle | | Girls | Boys |
| 8/under | 3.34.86 | 2014 Caera Lewis | 2.59.57 1991 David Thompson |
| 9 years | 3.00.73 | 2012 Alice Sloan | 2.48.16 1992 David Thompson |
| 10 years | 2.45.86 | 2013 Alice Sloan | 2.41.40 1993 David Thompson |
| 400m Freestyle | | | |
| 11years | 5.21.28 | 2014 Alice Soan | 5.11.77 2010 Sion Bevan |
| 12 years | 4.59.80 | 2010 Isabelle Davies | 5.06.16 2013 Curtis Palmer |
| 13 years | 4.41.13 | 2010 Carys Thomas | 4.41.26 2010 Daniel Thomas |
| 14 years | 4.48.52 | 2017 Bethan Jones | 4.29.45 2011 Daniel Thomas |
| 15 years | 4.53.35 | 2013 Isabelle Davies | 4.29.27 2012 Daniel Thomas |
| 11/Over | 4.28.35 | 2013 Carys Thomas | 4.13.59 2015 Johnathan Orchard |