

### Individual Meet Results

**Pembrokeshire County Championships 2019 12-Oct-19 to 13-Oct-19 [Ageup: 13/10/2019] SC Meters**

**Sanction: 3WL19XXXXX Location: Haverfordwest Leisure Centre**

**Pembroke & District [PEMY] Coach: Keith Thompson Thompson**

Time	F/P/S	Event	Place	Points	Improv
<b>Elijah Adams (9) M</b>					
2:27.77S	F # 6B	Male 9-10 100 Breast	9	---	---
	1:02.36	2:27.77			
47.38S	F # 18B	Male 9-10 50 Free	18	---	---
<b>Lily Adams (10) F</b>					
2:06.79S	F # 5B	Female 9-10 100 Breast	6	3	---
	59.50	2:06.79			
47.43S	F # 17B	Female 9-10 50 Free	13	---	---
<b>Keira Bruce (9) F</b>					
1:02.77S	F # 30B	Female 9-10 50 Breast	10	---	---
3:35.09S	F # 32B	Female 9-10 200 Free	7	2	0.40
	49.14	1:45.53 2:41.57 3:35.09			
<b>Skye Bruce (10) F</b>					
1:38.71S	F # 28B	Female 9-10 100 Back	3	6	---
	47.23	1:38.71			
3:36.84S	F # 32B	Female 9-10 200 Free	8	1	6.56
	48.09	1:44.85 2:42.18 3:36.84			
44.71S	F # 42	200 Free Relay Lead Off	---	---	-0.60
<b>Holly-Jane Callen (13) F</b>					
NS	F # 5D	Female 13-14 100 Breast	---	---	---
3:05.80S	F # 7D	Female 13-14 200 IM	13	---	9.28
	---	---			3:05.80
33.98S	F # 17D	Female 13-14 50 Free	16	---	0.75
3:16.29S	F # 19D	Female 13-14 200 Breast	2	7	7.03
	44.53	1:35.20 2:26.47 3:16.29			
1:14.34S	F # 26D	Female 13-14 100 Free	13	---	1.31
	36.48	1:14.34			
40.86S	F # 30D	Female 13-14 50 Breast	6	3	0.04
<b>Leah Carroll (13) F</b>					
2:57.73S	F # 1D	Female 13-14 200 Back	5	4	2.42
	---	---			2:57.73
3:08.46S	F # 7D	Female 13-14 200 IM	14	---	-1.04
	---	---			3:08.46
39.00S	F # 9D	Female 13-14 50 Back	10	---	0.69
34.28S	F # 17D	Female 13-14 50 Free	17	---	0.52
1:13.56S	F # 26D	Female 13-14 100 Free	12	---	-0.84
	35.10	1:13.56			
1:21.84S	F # 28D	Female 13-14 100 Back	5	4	-4.76
	---	1:21.84			
2:39.76S	F # 32D	Female 13-14 200 Free	6	3	-3.38
	36.78	1:16.74 1:58.73 2:39.76			
<b>Hannah Clifford (9) F</b>					
2:25.01S	F # 5B	Female 9-10 100 Breast	9	---	---
	1:09.44	2:25.01			
1:00.72S	F # 9B	Female 9-10 50 Back	16	---	---
46.48S	F # 17B	Female 9-10 50 Free	12	---	---

## Individual Meet Results

**Pembrokeshire County Championships 2019 12-Oct-19 to 13-Oct-19 [Ageup: 13/10/2019] SC Meters**

**Sanction: 3WL19XXXXX Location: Haverfordwest Leisure Centre**

**Pembroke & District [PEMY] Coach: Keith Thompson Thompson**

Time	F/P/S	Event	Place	Points	Improv
<b>Megan Cole (13) F</b>					
34.74S	F # 3D	Female 13-14 50 Fly	8	1	-0.09
1:31.35S	F # 5D	Female 13-14 100 Breast	7	2	-4.29
	43.42	1:31.35			
3:04.84S	F # 7D	Female 13-14 200 IM	12	---	3.02
	37.06	2:23.14	---	3:04.84	
NS	F # 9D	Female 13-14 50 Back	---	---	---
1:23.54S	F # 11D	Female 13-14 100 Fly	2	7	2.13
	37.49	1:23.54			
32.14S	F # 17D	Female 13-14 50 Free	12	---	-0.38
1:25.91S	F # 24D	Female 13-14 100 IM	6	3	2.20
	38.80	1:25.91			
1:15.42S	F # 26D	Female 13-14 100 Free	14	---	-0.19
	---	1:15.42			
NS	F # 28D	Female 13-14 100 Back	---	---	---
43.13S	F # 30D	Female 13-14 50 Breast	10	---	-1.33
2:53.78S	F # 32D	Female 13-14 200 Free	11	---	11.07
	---	---	---	2:53.78	
<b>Mati Davies (8) F</b>					
NS	F # 9A	Female 8 & Under 50 Back	---	---	---
NS	F # 17A	Female 8 & Under 50 Free	---	---	---
NS	F # 30A	Female 8 & Under 50 Breast	---	---	---
<b>Aria Evans (11) F</b>					
3:47.75S	F # 7C	Female 11-12 200 IM	21	---	-31.52
	---	---	2:55.82	3:47.75	
1:50.36S	F # 28C	Female 11-12 100 Back	19	---	-2.10
	53.90	1:50.36			
52.39S	F # 30C	Female 11-12 50 Breast	13	---	-19.11
3:28.98S	F # 32C	Female 11-12 200 Free	25	---	-20.65
	---	---	---	3:28.98	
<b>Ben Evans (12) M</b>					
2:06.85S	F # 6C	Male 11-12 100 Breast	9	---	---
	56.93	2:06.85			
49.81S	F # 10C	Male 11-12 50 Back	7	2	-11.00
44.14S	F # 18C	Male 11-12 50 Free	11	---	-1.28
<b>Iori Evans (9) M</b>					
4:32.63S	F # 8A	Male 13 & Under 200 IM	20	---	---
	1:02.02	2:03.35	3:31.42	4:32.63	
NS	F # 27B	Male 9-10 100 Back	---	---	---
NS	F # 29B	Male 9-10 50 Breast	---	---	---
NS	F # 31B	Male 9-10 200 Free	---	---	---

## Individual Meet Results

**Pembrokeshire County Championships 2019 12-Oct-19 to 13-Oct-19 [Ageup: 13/10/2019] SC Meters**

**Sanction: 3WL19XXXXX Location: Haverfordwest Leisure Centre**

**Pembroke & District [PEMY] Coach: Keith Thompson Thompson**

Time	F/P/S	Event	Place	Points	Improv
<b>Arron Fitzsimmons (14) M</b>					
2:28.53S	F # 2D	Male 13-14 200 Back	2	7	-0.31
	33.83	1:11.68 1:51.27 2:28.53			
31.74S	F # 4D	Male 13-14 50 Fly	4	5	0.34
NS	F # 6D	Male 13-14 100 Breast	---	---	---
2:35.53S	F # 8B	Male 14 & Over 200 IM	5	4	2.33
	---	---		2:35.53	
32.50S	F # 10D	Male 13-14 50 Back	1	8	1.02
NS	F # 12D	Male 13-14 100 Fly	---	---	---
28.55S	F # 18D	Male 13-14 50 Free	4	5	0.59
1:01.37S	F # 25D	Male 13-14 100 Free	3	6	0.47
	30.04	1:01.37			
1:08.27S	F # 27D	Male 13-14 100 Back	1	8	-0.33
	33.62	1:08.27			
36.22S	F # 29D	Male 13-14 50 Breast	3	6	0.89
NS	F # 31D	Male 13-14 200 Free	---	---	---
32.20S	F # 37	200 Medley Relay Lead Off	---	---	0.72
27.90S	F # 45	200 Free Relay Lead Off	---	---	-0.06
<b>Hannah Greenwood (15) F</b>					
2:40.42S	F # 1E	Female 15 & Over 200 Back	2	7	3.64
	36.36	1:17.04 1:59.50 2:40.42			
35.22S	F # 3E	Female 15 & Over 50 Fly	4	5	1.32
2:57.03S	F # 7E	Female 15 & Over 200 IM	3	6	12.86
	36.65	1:21.30 2:15.51 2:57.03			
34.82S	F # 9E	Female 15 & Over 50 Back	3	6	1.43
31.98S	F # 17E	Female 15 & Over 50 Free	4	5	1.33
1:18.74S	F # 24E	Female 15 & Over 100 IM	2	7	-1.24
	34.14	1:18.74			
1:09.99S	F # 26E	Female 15 & Over 100 Free	4	5	3.27
	33.04	1:09.99			
1:15.41S	F # 28E	Female 15 & Over 100 Back	3	6	3.52
	36.60	1:15.41			
NS	F # 32E	Female 15 & Over 200 Free	---	---	---
34.70S	F # 40	200 Medley Relay Lead Off	---	---	1.31
32.24S	F # 48	200 Free Relay Lead Off	---	---	1.59
<b>Cerys Griffiths (9) F</b>					
NS	F # 17B	Female 9-10 50 Free	---	---	---
NS	F # 24B	Female 9-10 100 IM	---	---	---
NS	F # 30B	Female 9-10 50 Breast	---	---	---
<b>Georgia Hechter (12) F</b>					
45.72S	F # 3C	Female 11-12 50 Fly	16	---	---
44.39S	F # 9C	Female 11-12 50 Back	14	---	---
35.58S	F # 17C	Female 11-12 50 Free	9	---	---
3:24.17S	F # 32C	Female 11-12 200 Free	24	---	---
	39.75	1:32.14 2:28.38 3:24.17			

### Individual Meet Results

**Pembrokeshire County Championships 2019 12-Oct-19 to 13-Oct-19 [Ageup: 13/10/2019] SC Meters**

**Sanction: 3WL19XXXXX Location: Haverfordwest Leisure Centre**

**Pembroke & District [PEMY] Coach: Keith Thompson Thompson**

Time	F/P/S	Event	Place	Points	Improv
<b>Abigail Hillary (11) F</b>					
49.72S	F # 3C	Female 11-12 50 Fly	23	---	-13.03
1:50.31S	F # 5C	Female 11-12 100 Breast	15	---	-1.62
	---	1:50.31			
3:32.36S	F # 7C	Female 11-12 200 IM	12	---	---
	55.90	1:54.02 2:50.23 3:32.36			
46.64S	F # 9C	Female 11-12 50 Back	18	---	0.14
34.71S	F # 17C	Female 11-12 50 Free	8	1	-2.07
1:32.01S	F # 24C	Female 11-12 100 IM	6	3	-10.20
	45.53	1:32.01			
1:19.30S	F # 26C	Female 11-12 100 Free	10	---	-0.68
	38.88	1:19.30			
50.79S	F # 30C	Female 11-12 50 Breast	8	1	-2.71
2:52.98S	F # 32C	Female 11-12 200 Free	10	---	-8.26
	40.64	1:25.48 2:09.89 2:52.98			
<b>Benjamin Hillary (13) M</b>					
33.05S	F # 4D	Male 13-14 50 Fly	5	4	-1.57
2:41.98S	F # 8A	Male 13 & Under 200 IM	2	7	-4.60
	---	--- --- 2:41.98			
34.66S	F # 10D	Male 13-14 50 Back	3	6	1.23
NS	F # 12D	Male 13-14 100 Fly	---	---	---
29.34S	F # 18D	Male 13-14 50 Free	5	4	-0.37
1:13.51S	F # 23D	Male 13-14 100 IM	4	5	-7.78
	32.77	1:13.51			
1:01.89S	F # 25D	Male 13-14 100 Free	4	5	-5.04
	30.37	1:01.89			
NS	F # 27D	Male 13-14 100 Back	---	---	---
<b>Amelie Hounsell (10) F</b>					
43.99S	F # 3B	Female 9-10 50 Fly	2	7	-0.34
44.27S	F # 9B	Female 9-10 50 Back	3	6	-6.16
38.09S	F # 17B	Female 9-10 50 Free	2	7	-4.51
1:39.82S	F # 24B	Female 9-10 100 IM	2	7	-4.53
	---	1:39.82			
3:06.76S	F # 32B	Female 9-10 200 Free	2	7	-10.18
	43.39	1:30.90 2:20.73 3:06.76			
<b>Annabel John (9) F</b>					
NS	F # 26B	Female 9-10 100 Free	---	---	---
NS	F # 30B	Female 9-10 50 Breast	---	---	---
<b>Chloe John (10) F</b>					
NS	F # 26B	Female 9-10 100 Free	---	---	---
NS	F # 30B	Female 9-10 50 Breast	---	---	---
<b>Rebekah John (8) F</b>					
1:20.30S	F # 9A	Female 8 & Under 50 Back	11	---	---
1:19.99S	F # 17A	Female 8 & Under 50 Free	13	---	---

### Individual Meet Results

**Pembrokeshire County Championships 2019 12-Oct-19 to 13-Oct-19 [Ageup: 13/10/2019] SC Meters**

**Sanction: 3WL19XXXXX Location: Haverfordwest Leisure Centre**

**Pembroke & District [PEMY] Coach: Keith Thompson Thompson**

Time	F/P/S	Event	Place	Points	Improv
<b>Molly Jones (14) F</b>					
38.21S	F # 17D	Female 13-14 50 Free	19	---	-6.01
3:43.98S	F # 19D	Female 13-14 200 Breast	6	3	-9.23
	50.34	1:48.10 2:46.04 3:43.98			
46.92S	F # 30D	Female 13-14 50 Breast	12	---	-0.52
3:28.03S	F # 32D	Female 13-14 200 Free	14	---	-37.86
	44.47	1:37.90 2:35.07 3:28.03			
<b>Callum Keane (9) M</b>					
44.45S	F # 4B	Male 9-10 50 Fly	4	5	-4.60
3:26.82S	F # 8A	Male 13 & Under 200 IM	13	---	-0.78
	48.64	1:39.19 2:42.12 3:26.82			
44.29S	F # 10B	Male 9-10 50 Back	3	6	-0.97
39.53S	F # 18B	Male 9-10 50 Free	4	5	2.01
1:34.33S DQ	F # 23B	Male 9-10 100 IM	---	---	---
	42.58	1:34.33			
1:24.79S	F # 25B	Male 9-10 100 Free	3	6	-19.86
	40.32	1:24.79			
52.51S	F # 29B	Male 9-10 50 Breast	3	6	-1.83
<b>Jayden Keane (14) M</b>					
1:24.34S	F # 6D	Male 13-14 100 Breast	4	5	0.74
	38.90	1:24.34			
2:46.16S	F # 8B	Male 14 & Over 200 IM	10	---	8.82
	37.17	2:07.87 --- 2:46.16			
NS	F # 20D	Male 13-14 200 Breast	---	---	---
NS	F # 25D	Male 13-14 100 Free	---	---	---
<b>Lewys Kettle (16) M</b>					
1:19.50S	F # 6E	Male 15 & Over 100 Breast	2	7	-2.77
	36.89	1:19.50			
2:42.95S	F # 8B	Male 14 & Over 200 IM	9	---	-3.32
	36.04	1:17.32 2:04.57 2:42.95			
2:52.06S	F # 20E	Male 15 & Over 200 Breast	1	8	0.78
	37.55	1:21.14 2:06.13 2:52.06			
<b>Aneurin Lee (12) M</b>					
49.29S DQ	F # 29C	Male 11-12 50 Breast	---	---	---
41.98S	F # 35	200 Medley Relay Lead Off	---	---	1.74
<b>Dylan Lee (10) M</b>					
40.30S	F # 18B	Male 9-10 50 Free	7	2	-0.99
1:01.02S	F # 33	200 Medley Relay Lead Off	---	---	12.26

### Individual Meet Results

**Pembrokeshire County Championships 2019 12-Oct-19 to 13-Oct-19 [Ageup: 13/10/2019] SC Meters**

**Sanction: 3WL19XXXXX Location: Haverfordwest Leisure Centre**

**Pembroke & District [PEMY] Coach: Keith Thompson Thompson**

Time	F/P/S	Event	Place	Points	Improv
<b>Georgia Lee (14) F</b>					
2:52.83S	F # 7D	Female 13-14 200 IM	6	3	-1.32
	37.01	1:20.98 2:12.06 2:52.83			
37.95S	F # 9D	Female 13-14 50 Back	6	3	-1.72
31.02S	F # 17D	Female 13-14 50 Free	5	4	-0.30
3:16.57S	F # 19D	Female 13-14 200 Breast	3	6	-2.96
	43.97	1:34.73 2:26.31 3:16.57			
1:19.84S	F # 24D	Female 13-14 100 IM	4	5	-7.93
	37.04	1:19.84			
1:09.15S	F # 26D	Female 13-14 100 Free	7	2	-6.70
	33.29	1:09.15			
1:22.08S	F # 28D	Female 13-14 100 Back	6	3	1.32
	40.51	1:22.08			
40.76S	F # 30D	Female 13-14 50 Breast	5	4	-5.35
<b>Martha Lee (11) F</b>					
2:03.22S	F # 24C	Female 11-12 100 IM	21	---	-15.56
	57.02	2:03.22			
1:51.10S	F # 26C	Female 11-12 100 Free	32	---	-5.28
	52.70	1:51.10			
2:05.26S	F # 28C	Female 11-12 100 Back	25	---	5.34
	59.59	2:05.26			
1:07.49S DQ	F # 30C	Female 11-12 50 Breast	---	---	---
<b>Fleur Lord (12) F</b>					
3:41.88S	F # 1C	Female 11-12 200 Back	12	---	-24.78
	48.58	1:45.16 2:44.59 3:41.88			
2:11.79S	F # 5C	Female 11-12 100 Breast	25	---	-25.70
	1:03.28	2:11.79			
1:57.65S DQ	F # 11C	Female 11-12 100 Fly	---	---	---
	55.39	1:57.65			
1:47.05S	F # 24C	Female 11-12 100 IM	16	---	-15.45
	48.61	1:47.05			
1:33.90S	F # 26C	Female 11-12 100 Free	23	---	-12.85
	44.64	1:33.90			
1:44.05S	F # 28C	Female 11-12 100 Back	16	---	-9.70
	49.99	1:44.05			
<b>Indya Lyseight-Jones (7) F</b>					
4:42.87S DQ	F # 7A	Female 8 & Under 200 IM	---	---	---
	1:08.64	2:14.18 3:43.16 4:42.87			
1:49.44S	F # 26A	Female 8 & Under 100 Free	3	6	---
	51.33	1:49.44			
2:02.29S DQ	F # 28A	Female 8 & Under 100 Back	---	---	---
	---	2:02.29			
<b>Malachi Lyseight-Jones (11) M</b>					
46.97S	F # 4C	Male 11-12 50 Fly	10	---	-10.06
1:58.98S	F # 6C	Male 11-12 100 Breast	6	3	---
	57.06	1:58.98			
56.76S	F # 29C	Male 11-12 50 Breast	12	---	-5.61
3:15.17S	F # 31C	Male 11-12 200 Free	10	---	-10.17
	45.00	1:35.18 2:27.13 3:15.17			

## Individual Meet Results

**Pembrokeshire County Championships 2019 12-Oct-19 to 13-Oct-19 [Ageup: 13/10/2019] SC Meters**  
**Sanction: 3WL19XXXXX Location: Haverfordwest Leisure Centre**  
**Pembroke & District [PEMY] Coach: Keith Thompson Thompson**

Time	F/P/S	Event	Place	Points	Improv
<b>Keira Montague (9) F</b>					
1:01.32S	F # 3B	Female 9-10 50 Fly	8	1	-2.89
53.49S	F # 9B	Female 9-10 50 Back	11	---	0.54
3:56.48S	F # 32B	Female 9-10 200 Free	11	---	-4.95
	53.45	1:53.19 2:56.35 3:56.48			
<b>Mason Montague (11) M</b>					
40.65S DQ	F # 4C	Male 11-12 50 Fly	---	---	---
1:35.79S	F # 6C	Male 11-12 100 Breast	3	6	---
	44.14	1:35.79			
3:16.49S	F # 8A	Male 13 & Under 200 IM	12	---	-20.61
	43.65	1:36.99 2:30.44 3:16.49			
3:31.87S	F # 20C	Male 11-12 200 Breast	3	6	---
	---	1:42.42 3:33.77 3:31.87			
44.98S	F # 29C	Male 11-12 50 Breast	4	5	-4.13
3:02.17S	F # 31C	Male 11-12 200 Free	7	2	-39.64
	39.56	1:26.48 2:14.77 3:02.17			
36.25S	F # 43	200 Free Relay Lead Off	---	---	-1.02
<b>Ben Morgan (9) M</b>					
50.82S	F # 4B	Male 9-10 50 Fly	5	4	-0.93
2:02.87S	F # 6B	Male 9-10 100 Breast	4	5	-44.09
	58.97	2:02.87			
3:40.34S DQ	F # 8A	Male 13 & Under 200 IM	---	---	---
	51.57	1:48.28 2:54.57 3:40.34			
1:51.25S	F # 12B	Male 9-10 100 Fly	2	7	-52.85
	51.51	1:51.25			
39.97S	F # 18B	Male 9-10 50 Free	6	3	-1.54
4:22.32S	F # 20B	Male 9-10 200 Breast	4	5	---
	58.80	2:06.03 3:14.40 4:22.32			
4:06.76S	F # 21B	Male 9-10 200 Fly	1	8	---
	51.48	1:55.72 3:01.69 4:06.76			
1:45.26S	F # 23B	Male 9-10 100 IM	4	5	-16.58
	51.51	1:45.26			
1:29.95S	F # 25B	Male 9-10 100 Free	4	5	-19.94
	42.02	1:29.95			
1:43.91S	F # 27B	Male 9-10 100 Back	4	5	-30.05
	51.01	1:43.91			
3:08.61S	F # 31B	Male 9-10 200 Free	4	5	-8.13
	44.11	1:33.89 2:23.37 3:08.61			
41.47S	F # 41	200 Free Relay Lead Off	---	---	-0.04

### Individual Meet Results

**Pembrokeshire County Championships 2019 12-Oct-19 to 13-Oct-19 [Ageup: 13/10/2019] SC Meters**

**Sanction: 3WL19XXXXX Location: Haverfordwest Leisure Centre**

**Pembroke & District [PEMY] Coach: Keith Thompson Thompson**

Time	F/P/S	Event	Place	Points	Improv
<b>Jack Morgan (12) M</b>					
2:57.07S	F # 2C	Male 11-12 200 Back	3	6	-20.74
	---	--- 2:57.07			
38.33S	F # 4C	Male 11-12 50 Fly	4	5	-5.26
3:10.07S	F # 8A	Male 13 & Under 200 IM	11	---	-6.63
	---	--- 3:10.07			
1:34.70S	F # 12C	Male 11-12 100 Fly	3	6	---
	44.78	1:34.70			
34.81S	F # 18C	Male 11-12 50 Free	7	2	-0.27
3:49.34S	F # 20C	Male 11-12 200 Breast	4	5	-16.57
	54.71	1:54.38 2:53.06 3:49.34			
3:25.65S	F # 21C	Male 11-12 200 Fly	2	7	-35.87
	43.95	1:34.65 2:28.80 3:25.65			
1:15.45S	F # 25C	Male 11-12 100 Free	6	3	-1.70
	36.53	1:15.45			
2:40.47S	F # 31C	Male 11-12 200 Free	2	7	-6.44
	37.09	1:18.86 2:01.90 2:40.47			
<b>Emily Moseley (9) F</b>					
1:06.26S	F # 9B	Female 9-10 50 Back	20	---	-9.58
1:01.18S	F # 17B	Female 9-10 50 Free	19	---	-1.92
2:35.58S	F # 24B	Female 9-10 100 IM	12	---	---
	1:10.42	2:35.58			
1:22.54S	F # 30B	Female 9-10 50 Breast	16	---	---
<b>Sophie Moseley (12) F</b>					
3:09.61S	F # 1C	Female 11-12 200 Back	7	2	-7.96
	---	--- 3:09.61			
1:53.67S	F # 5C	Female 11-12 100 Breast	16	---	5.03
	53.73	1:53.67			
3:37.48S	F # 7C	Female 11-12 200 IM	17	---	5.85
	55.61	1:46.37 2:50.80 3:37.48			
42.32S	F # 9C	Female 11-12 50 Back	9	---	-0.98
1:37.77S	F # 24C	Female 11-12 100 IM	11	---	-1.25
	44.09	1:37.77			
1:23.68S	F # 26C	Female 11-12 100 Free	14	---	-5.13
	40.10	1:23.68			
1:28.73S	F # 28C	Female 11-12 100 Back	8	1	-5.59
	43.89	1:28.73			
3:03.05S	F # 32C	Female 11-12 200 Free	15	---	-4.40
	41.04	1:28.91 2:17.93 3:03.05			
<b>Ffion Moses (14) F</b>					
2:48.11S	DQ	Female 13-14 200 Back	---	---	---
	---	2:04.33 --- 2:48.11			
NS	F # 3D	Female 13-14 50 Fly	---	---	---
NS	F # 7D	Female 13-14 200 IM	---	---	---
36.26S	F # 9D	Female 13-14 50 Back	3	6	1.00
30.89S	F # 17D	Female 13-14 50 Free	4	5	-1.04
1:17.56S	F # 28D	Female 13-14 100 Back	3	6	0.07
	36.96	1:17.56			
35.89S	F # 38	200 Medley Relay Lead Off	---	---	0.63
30.93S	F # 46	200 Free Relay Lead Off	---	---	-1.00



### Individual Meet Results

**Pembrokeshire County Championships 2019 12-Oct-19 to 13-Oct-19 [Ageup: 13/10/2019] SC Meters**

**Sanction: 3WL19XXXXX Location: Haverfordwest Leisure Centre**

**Pembroke & District [PEMY] Coach: Keith Thompson Thompson**

Time	F/P/S	Event	Place	Points	Improv
<b>Ioan Mutter (13) M</b>					
36.95S	F # 4D	Male 13-14 50 Fly	11	---	-5.10
1:36.96S	F # 6D	Male 13-14 100 Breast	6	3	-3.17
	47.50	1:36.96			
3:07.15S	F # 8A	Male 13 & Under 200 IM	6	3	-39.73
	38.46	1:28.64 2:22.82 3:07.15			
1:12.14S	F # 25D	Male 13-14 100 Free	7	2	-3.00
	33.77	1:12.14			
1:28.21S	F # 27D	Male 13-14 100 Back	4	5	-3.11
	44.14	1:28.21			
2:39.31S	F # 31D	Male 13-14 200 Free	4	5	-14.38
	35.38	1:16.05 1:58.35 2:39.31			
<b>Alice Oliver (11) F</b>					
3:36.23S	F # 1C	Female 11-12 200 Back	11	---	---
	49.86	1:45.63 2:41.86 3:36.23			
3:52.99S	F # 7C	Female 11-12 200 IM	24	---	-13.33
	57.01	1:59.58 3:02.39 3:52.99			
<b>Rosie Oliver (10) F</b>					
2:13.17S	F # 5B	Female 9-10 100 Breast	7	2	-8.30
	59.91	2:13.17			
4:28.87S	F # 7B	Female 9-10 200 IM	4	5	12.21
	1:08.03	2:17.19 3:28.27 4:28.87			
<b>Cory Shelmerdine (9) M</b>					
1:03.24S	F # 10B	Male 9-10 50 Back	16	---	-2.11
56.87S	F # 18B	Male 9-10 50 Free	22	---	-6.97
2:21.58S DQ	F # 23B	Male 9-10 100 IM	---	---	---
	1:06.65	2:21.58			
4:31.91S	F # 31B	Male 9-10 200 Free	7	2	17.97
	1:00.16	2:11.43 3:24.19 4:31.91			
<b>Charlie Shiels (14) M</b>					
29.65S	F # 4D	Male 13-14 50 Fly	1	8	-0.02
1:12.29S	F # 6D	Male 13-14 100 Breast	1	8	0.91
	34.02	1:12.29			
2:30.86S	F # 8B	Male 14 & Over 200 IM	4	5	8.03
	32.43	1:11.85 1:54.24 2:30.86			
NS	F # 12D	Male 13-14 100 Fly	---	---	---
26.57S	F # 18D	Male 13-14 50 Free	1	8	0.40
1:04.35S	F # 23D	Male 13-14 100 IM	1	8	-1.91
	30.95	1:04.35			
59.05S	F # 25D	Male 13-14 100 Free	1	8	1.05
	28.32	59.05			
32.40S	F # 29D	Male 13-14 50 Breast	2	7	-0.31
NS	F # 31D	Male 13-14 200 Free	---	---	---

### Individual Meet Results

**Pembrokeshire County Championships 2019 12-Oct-19 to 13-Oct-19 [Ageup: 13/10/2019] SC Meters**

**Sanction: 3WL19XXXXX Location: Haverfordwest Leisure Centre**

**Pembroke & District [PEMY] Coach: Keith Thompson Thompson**

Time	F/P/S	Event	Place	Points	Improv
<b>Abigail Thomas (12) F</b>					
38.72S	F # 3C	Female 11-12 50 Fly	4	5	1.29
3:15.94S	F # 7C	Female 11-12 200 IM	5	4	7.21
	40.82	1:34.08 2:34.31 3:15.94			
1:32.00S	F # 11C	Female 11-12 100 Fly	3	6	2.75
	---	1:32.00			
33.53S	F # 17C	Female 11-12 50 Free	6	3	0.09
1:13.07S	F # 26C	Female 11-12 100 Free	4	5	-1.85
	35.34	1:13.07			
2:43.07S	F # 32C	Female 11-12 200 Free	5	4	-0.72
	37.18	1:19.19 2:03.32 2:43.07			
<b>Daniel Thomas (22) M</b>					
27.24S	F # 4E	Male 15 & Over 50 Fly	1	8	-0.06
29.93S	F # 10E	Male 15 & Over 50 Back	1	8	0.44
1:00.50S	F # 12E	Male 15 & Over 100 Fly	1	8	0.63
	28.07	1:00.50			
26.89S	F # 18E	Male 15 & Over 50 Free	3	6	0.17
2:17.76S	F # 21E	Male 15 & Over 200 Fly	1	8	4.61
	28.78	1:03.24 1:40.18 2:17.76			
1:05.35S	F # 27E	Male 15 & Over 100 Back	2	7	2.12
	31.95	1:05.35			
<b>Carys Thompson (12) F</b>					
45.72S	F # 3C	Female 11-12 50 Fly	16	---	-7.25
1:47.18S	F # 5C	Female 11-12 100 Breast	10	---	-9.34
	50.32	1:47.18			
3:27.72S	F # 7C	Female 11-12 200 IM	9	---	-17.29
	51.16	1:43.27 2:40.50 3:27.72			
47.64S	F # 9C	Female 11-12 50 Back	20	---	1.46
40.38S	F # 17C	Female 11-12 50 Free	22	---	0.51
3:59.77S	F # 19C	Female 11-12 200 Breast	6	3	5.05
	56.28	1:57.90 2:59.85 3:59.77			
1:37.29S	F # 24C	Female 11-12 100 IM	9	---	-12.05
	46.42	1:37.29			
1:30.96S	F # 26C	Female 11-12 100 Free	19	---	2.54
	43.80	1:30.96			
53.48S	F # 30C	Female 11-12 50 Breast	19	---	1.24
3:10.16S	F # 32C	Female 11-12 200 Free	17	---	-4.68
	44.18	1:33.05 2:24.30 3:10.16			
<b>Freya Thompson (9) F</b>					
53.15S	F # 3B	Female 9-10 50 Fly	6	3	-8.90
53.38S	F # 9B	Female 9-10 50 Back	9	---	-3.92
45.36S	F # 17B	Female 9-10 50 Free	9	---	-3.79
1:57.31S	F # 24B	Female 9-10 100 IM	7	2	-44.52
	---	1:57.31			
<b>James Townsend (13) M</b>					
46.79S	F # 29D	Male 13-14 50 Breast	10	---	-3.99
3:17.44S	F # 31D	Male 13-14 200 Free	7	2	-1.27
	42.32	1:33.43 2:27.11 3:17.44			

### Individual Meet Results

**Pembrokeshire County Championships 2019 12-Oct-19 to 13-Oct-19 [Ageup: 13/10/2019] SC Meters**

**Sanction: 3WL19XXXXX Location: Haverfordwest Leisure Centre**

**Pembroke & District [PEMY] Coach: Keith Thompson Thompson**

Time	F/P/S	Event	Place	Points	Improv
<b>Arno Turner (18) M</b>					
27.53S	F # 4E	Male 15 & Over 50 Fly	2	7	---
2:22.07S	F # 8B	Male 14 & Over 200 IM	2	7	---
	30.28	1:06.48 1:48.49 2:22.07			
1:03.21S	F # 12E	Male 15 & Over 100 Fly	2	7	---
	29.61	1:03.21			
26.39S	F # 18E	Male 15 & Over 50 Free	2	7	---
1:04.39S	F # 23E	Male 15 & Over 100 IM	1	8	---
	29.49	1:04.39			
56.85S	F # 25E	Male 15 & Over 100 Free	2	7	---
	27.59	56.85			
1:05.03S	F # 27E	Male 15 & Over 100 Back	1	8	---
	32.29	1:05.03			
NS	F # 31E	Male 15 & Over 200 Free	---	---	---
30.39S	F # 39	200 Medley Relay Lead Off	---	---	---
26.36S	F # 47	200 Free Relay Lead Off	---	---	---
<b>Daniel Twynam (15) M</b>					
1:13.37S	F # 25E	Male 15 & Over 100 Free	6	3	-17.72
	33.86	1:13.37			
2:40.79S	F # 31E	Male 15 & Over 200 Free	4	5	-12.49
	36.65	1:17.01 2:00.28 2:40.79			
<b>Leon Twynam (13) M</b>					
1:31.36S	F # 23D	Male 13-14 100 IM	6	3	-4.06
	42.94	1:31.36			
2:54.92S	F # 31D	Male 13-14 200 Free	6	3	-1.80
	39.34	1:24.38 2:10.61 2:54.92			
<b>Philip Twynam (9) M</b>					
2:08.10S	F # 23B	Male 9-10 100 IM	13	---	---
	56.08	2:08.10			
1:12.29S DQ	F # 29B	Male 9-10 50 Breast	---	---	---
<b>Stephanie Voyle (11) F</b>					
1:22.47S DQ	F # 3C	Female 11-12 50 Fly	---	---	---
2:38.50S	F # 5C	Female 11-12 100 Breast	27	---	---
	2:38.50	2:38.50			
1:03.66S	F # 9C	Female 11-12 50 Back	31	---	-3.31
56.48S	F # 17C	Female 11-12 50 Free	34	---	-0.02
2:26.78S	F # 24C	Female 11-12 100 IM	23	---	---
	---	2:26.78			
1:09.08S	F # 30C	Female 11-12 50 Breast	27	---	-0.57
<b>Mylia Webb (11) F</b>					
51.34S	F # 30C	Female 11-12 50 Breast	9	---	-3.96
<b>Saskia Webb (12) F</b>					
2:49.06S	F # 32C	Female 11-12 200 Free	9	---	-5.02
	37.43	1:21.19 2:06.33 2:49.06			
43.70S	F # 36	200 Medley Relay Lead Off	---	---	1.66
35.86S	F # 44	200 Free Relay Lead Off	---	---	-2.31

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**Individual Meet Results****Pembrokeshire County Championships 2019 12-Oct-19 to 13-Oct-19 [Ageup: 13/10/2019] SC Meters****Sanction: 3WL19XXXXX Location: Haverfordwest Leisure Centre****Pembroke & District [PEMY] Coach: Keith Thompson Thompson**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Samuel Withers (22) M</b>					
28.50S	F # 4E	Male 15 & Over 50 Fly	4	5	-0.50
30.89S	F # 10E	Male 15 & Over 50 Back	2	7	0.58
25.01S	F # 18E	Male 15 & Over 50 Free	1	8	0.10